

ATHLETIC TRAINING LEVEL 1, CERTIFICATE OF ACHIEVEMENT

Banner Code: 1_CN_KINAT
Financial Aid Eligible

The Athletic Training Certificate provides an educational and practical foundation for students interested in athletic training, physical therapy, physical therapy assistant and physical therapy aide. The Athletic Training Certificate objective is to enable students to develop a strong foundation in the Kinesiology and athletic training. The theoretical knowledge, laboratory, and clinical experience skills acquired by students in this program will also enhance their general understanding in the fitness and physical therapy industry. The required courses are a cross section of required courses in nearby athletic training curricula.

Since curriculum requirements may vary amongst institutions, it is imperative that students entering OCC's certificate in Athletic Training meet with a counselor at the start of their academic career.

Program Outcome

Students will have the knowledge, skills and experience necessary to be well qualified applicants undergraduate athletic training programs.

Review Graduation Requirements (<https://catalog.cccd.edu/orange-coast/graduation-requirements/certificates/#achievementtext>).

Course	Title	Units
Required Courses		
KIN A203	First Aid and CPR	2
KIN A273	Sports Medicine	3
KIN A274	Athletic Taping and Modalities	3
KIN A275	Sports Medicine Practicum Level 1	2-4
KIN A276	Sports Medicine Practicum Level 2	2-4
Athletics Training Restricted Electives		
Select two of the following:		6-10
BIOL A100	Principles of Biology	
BIOL A220	Human Anatomy	
BIOL A221	Anatomy-Physiology	
BIOL A225	Human Physiology	
CHEM A100	Principles of Chemistry	
CHEM A110	Introduction to Chemistry	
CHEM A130	Preparation for General Chemistry	
FN A170	Nutrition	
HLED/PUBH A100	Personal Health	
KIN A202	Introduction to Kinesiology	
KIN A272	Movement Analysis	
KIN A283	Nutrition, Fitness, and Performance	
MATH A115	College Algebra	
MATH A160	Introduction to Statistics	
PHYS A110	Conceptual Physics	
PSYC A100	Introduction to Psychology	

Course	Title	Units
PSYC A250	Psychobiology	
Total Units		18-26

Program Sequence

These sequences at Orange Coast College are curriculum maps for students to finish all requirements for the certificate. There may be advisories, prerequisites, or time requirements that students need to consider before following these maps. **Students are advised to meet with an Orange Coast College Counselor for alternate sequencing.**

Course	Title	Units
Year 1		
Semester 1		
KIN A203	First Aid and CPR	2
KIN A273	Sports Medicine	3
KIN A274	Athletic Taping and Modalities	3
KIN A275	Sports Medicine Practicum Level 1	2-4
Units		10-12
Semester 2		
KIN A276	Sports Medicine Practicum Level 2	2-4
CERT RESTRICTED ELECTIVE- CHOOSE TWO (See Requirements)		6-10
Units		8-14
Total Units		18-26