

# PUBLIC HEALTH, CERTIFICATE OF ACHIEVEMENT

**Banner Code:** 1\_CN\_PUBH  
**Not Financial Aid Eligible**

This program will introduce students to health science, including personal health and public health. Students can choose from a variety of courses that will increase their knowledge and understanding of the biopsychosocial model of health, the determinants of health, and how to work towards reducing health disparities across communities. Students will be able to evaluate the burden of disease for a population and analyze global health issues for a social justice perspective. The impact of the environment, socio-economics, politics, and culture on health and health systems are also explored.

## Program Outcomes

1. Students will be able to analyze disparity in health outcomes across populations using evidence-based methods and identify effective intervention strategies.
2. Students will be able to analyze global health issues and identify the impact of environment, socioeconomic, politics, and culture on health and health systems.

Review Graduation Requirements (<https://catalog.cccd.edu/orange-coast/graduation-requirements/certificates/#achievementtext>).

Course	Title	Units
<b>Core Courses</b>		
PUBH A100	Personal Health	3
PUBH A200	Introduction to Public Health	3
<b>Public Health Restricted Electives</b>		
<i>Select a minimum of 9 units.</i>		9-10
PUBH A202	Drugs, Health, and Society	
PUBH A203	Health and Social Justice	
PUBH A205	Introduction to Health and Healthcare Careers	
PUBH A206	Holistic Health: Health and Healing Systems	
PUBH A208	Investigating Disease Outbreaks and Epidemics	
PUBH A209	Global Health	
PUBH A160	Peer Health Education Level 1	
PUBH A210	Navigating the U.S. Health Care System, Health Insurance, Public Assistance, and Benefits Programs	
or INHL A210	Navigating the U.S. Health Care System, Health Insurance, Public Assistance, and Benefits Programs	
PUBH A213	Social Determinants of Health, Disparities and Equities	
PUBH A220	Techniques and Topics in Health Education	
or INHL A220	Techniques and Topics in Health Education	
PUBH A230	Assessing and Analyzing Health Information	

Course	Title	Units
PUBH A260	Peer Health Education Level 2	
INHL A225	Introduction to Complementary and Alternative Medicine	
ETHS A150	Ethnic Groups in the United States: Their Histories	
GEOG A190	Digital Mapping: Introduction to GIS	
BIOL A100	Principles of Biology	
or BIOL A100H	Principles of Biology Honors	
BIOL A210	General Microbiology	
<b>Social Science Selection</b>		
<i>Select one course.</i>		3
PSYC A100	Introduction to Psychology	
PSYC A100H	Introduction to Psychology Honors	
PSYC A165	Principles of Human Sexuality 1	
SOC A100	Introduction to Sociology	
SOC A100H	Introduction to Sociology Honors	
SOC A185	Analysis of Social Problems	
SOC A185H	Analysis of Social Problems Honors	
<b>Total Units</b>		<b>18-19</b>

## Program Sequence

These sequences at Orange Coast College are curriculum maps for students to finish all requirements for the certificate. There may be advisories, prerequisites, or time requirements that students need to consider before following these maps. **Students are advised to meet with an Orange Coast College Counselor for alternate sequencing.**

Course	Title	Units
<b>Year 1</b>		
<b>Semester 1</b>		
PUBH A100	Personal Health	3
PUBH A200	Introduction to Public Health	3
PUBH RESTRICTED ELECTIVES (See Requirements)		3
SOCIAL SCIENCE RESTRICTED ELECTIVES (See Requirements)		3
<b>Units</b>		<b>12</b>
<b>Semester 2</b>		
PUBH RESTRICTED ELECTIVES (See Requirements)		6-7
<b>Units</b>		<b>6-7</b>
<b>Total Units</b>		<b>18-19</b>