

# NUTRITION EDUCATION, CERTIFICATE OF ACHIEVEMENT

**Banner Code:** 1\_CN\_NCNE  
**Financial Aid Eligible**

Students who graduate from this program are prepared for employment in one of the fastest growing and most prolific industries in Southern California, encompassing weight control clinics, health and exercise spas and gymnasiums, community agencies concerned with nutrition education, and manufacturers and distributors of nutrition-related products.

## Program Outcome

Graduates will be competent entry-level Nutrition Education Assistants meeting the employment needs of the community.

Review Graduation Requirements (<https://catalog.cccd.edu/orange-coast/graduation-requirements/certificates/#achievementtext>).

Course	Title	Units
<b>Required Courses</b>		
BIOL A221	Anatomy-Physiology	4
FBM A102	Sanitation and Safety	2
FN A100	Careers in Dietetics and Food Science	1
or NC A100	Careers in Dietetics/FDSCI	
FN A125	Plant-based Nutrition	1
FN A144	Life Cycle Nutrition	3
FN A180	Principles of Foods	3
FN A170	Nutrition	3
FN A171	Applied Nutrition	1.5
FN A185	Cultural Foods	2
NC A180	Introduction to Medical Nutrition Therapy	3
NC A280	Intermediate Nutrition Care	2
NC A281	Supervised Practice 1	3
<b>Total Units</b>		<b>28.5</b>

### Nutrition Education Suggested Electives:

CDE A180 Child, Growth and Development  
FN A136 Nutrition, Fitness and Performance

## Program Sequence

These sequences at Orange Coast College are curriculum maps for students to finish all requirements for the certificate. There may be advisories, prerequisites, or time requirements that students need to consider before following these maps. **Students are advised to meet with an Orange Coast College Counselor for alternate sequencing.**

**Some courses in this program may be offered once per academic year.**

Course	Title	Units
<b>Year 1</b>		
<b>Semester 1</b>		
FN A100	Careers in Dietetics and Food Science	1
FBM A102	Sanitation and Safety	2
FN A170	Nutrition	3
FN A144	Life Cycle Nutrition	3
FN A180	Principles of Foods	3
<b>Units</b>		<b>12</b>
<b>Semester 2</b>		
FN A125	Plant-based Nutrition	1
NC A180	Introduction to Medical Nutrition Therapy	3
BIOL A221	Anatomy-Physiology	4
<b>Units</b>		<b>8</b>
<b>Year 2</b>		
<b>Semester 1</b>		
FN A171	Applied Nutrition	1.5
FN A185	Cultural Foods	2
NC A280	Intermediate Nutrition Care	2
NC A281	Supervised Practice 1	3
<b>Units</b>		<b>8.5</b>
<b>Total Units</b>		<b>28.5</b>