

NUTRITION CARE (NC)

NC A100 1 Unit (18 lecture hours; 9 lab hours)

Careers in Dietetics/FDSCI

Grading Mode: Standard Letter

Transfer Credit: CSU.

Exploration of the fields of Dietetics and Food Science/Culinology, including trends, future projections and employment opportunities. Guest speakers and field trips to nutrition services in health care and community agencies and food manufacturing plants are included. Same as FN A100. Students completing NC A100 may not receive credit for FN A100.

NC A175 4 Units (27 lecture hours; 150 lab hours)

Health Care Field Experience

Prerequisite(s): FBM A115 or FSM A150 and FN A170 and NC A180 or concurrent enrollment.

Grading Mode: Standard Letter

Transfer Credit: CSU.

Importance and scope of providing food and nutrition services in health care or community facilities to include clinical experience. Team concept approach and public relations will be emphasized. Students will be required to follow dress standards set by the facility in which they are working. TB clearance required. Lecture, Lab.

NC A180 3 Units (45 lecture hours; 27 lab hours)

Introduction to Medical Nutrition Therapy

Prerequisite(s): FN A170 or FN A136 or KIN A283 or HLED A136.

Grading Mode: Standard Letter

Transfer Credit: CSU.

The principles of nutrition and dietetics as they relate to medical nutrition therapy (MNT), a nutrition-based treatment for health conditions and diseases. Nutrition assessment and interventions are studied and planned.

NC A280 2 Units (18 lecture hours; 54 lab hours)

Intermediate Nutrition Care

Prerequisite(s): NC A180.

Co-requisite(s): NC A281.

Grading Mode: Standard Letter

Transfer Credit: CSU.

Nutrition education principles and techniques for individual, family, and small group instruction in normal and preventive nutrition care. Consideration is given to community and cultural influences on nutrition.

NC A281 3 Units (9 lecture hours; 150 other hours)

Supervised Practice 1

Co-requisite(s): NC A280.

Grading Mode: Standard Letter

Transfer Credit: CSU.

Supervised clinical practice in community agencies and schools dealing with nutritional aspects of dietary evaluation, nutrition education and counseling. Students will be required to follow dress standards set by the facility.

NC A285 2 Units (18 lecture hours; 54 lab hours)

Advanced Nutrition Care

Prerequisite(s): NC A281.

Co-requisite(s): NC A286.

Grading Mode: Standard Letter

Transfer Credit: CSU.

Advanced application of knowledge and skills related to food service management and the nutrition care process in preparation for entry-level practice as dietetic technicians in health care facilities.

NC A286 3 Units (9 lecture hours; 150 other hours)

Supervised Practice 2

Co-requisite(s): NC A285.

Grading Mode: Standard Letter

Transfer Credit: CSU.

Supervised practice in food service management and nutrition care in acute medical care facility. Rotation through the various job responsibilities of the dietetic technician. Students will be required to follow dress standards set by the facility.