

KINESIOLOGY, ASSOCIATE IN ARTS DEGREE FOR TRANSFER

Banner Code: 2_AAT_KIN
Financial Aid Eligible

The Associate in Arts in Kinesiology for Transfer degree is an integrated discipline that focuses on scientific, functional and mechanical processes of the human body. Students will learn and understand how to display increasing confidence and preparation in a wide range of areas including, but not limited to; sports medicine, exercise physiology, philosophy, sociology and psychology of sport, personal training, biomechanics, motor development and coaching. This degree will prepare students to pursue further study and achievement of a baccalaureate degree in the discipline of Kinesiology.

Program Level Learning Outcomes

Upon completion of this program, students will be able to:

1. Demonstrate an understanding of the scientific, functional and mechanical processes of the human body.
2. Apply strong verbal and writing communication both in academic and professional settings.
3. Demonstrate an understanding of movement and skill in a variety of sports and activities.

Associate Degree for Transfer Graduation Requirements

Associate Degrees for Transfer require students to meet the following requirements:

- Completion of 60 semester units or 90 quarter units of degree-applicable courses,
- Minimum overall grade point average of 2.0,
- Minimum grade of "C" (or "P") for each course in the major, and
- Completion of IGETC and/or CSU GE-Breadth.

Students should consult a GWC counselor in order to select the best pathway to meet their educational goals. For students who intend to transfer, the choice of general education will be specific to both their major and transfer institution.

Course	Title	Units
Required Courses - Core		
KIN G100	Introduction to Kinesiology	3
BIOL G220	Human Anatomy	4
BIOL G225	Human Physiology	4
Movement Based Courses		
Select a maximum of one (1) course from any of the four (4) following areas for a maximum of three units:		3
Aquatics		
PE G111	Swimming	1
Fitness		
PE G130	Yoga	1
PE G132	Pilates For Fitness	1

Course	Title	Units
PE G173	Introduction To Weight Training	1
PE G181	Muscular Strength Training	1
Individual Sports		
PE G114	Surfing	1
PE G150	Badminton	1
PE G158	Tennis	1
Team Sports		
PE G186	Activities - Basketball	0.5-1
PE G192	Soccer	1
PE G195	Volleyball	0.5-1
List A		
Select two of the following:		7-9
MATH G160	Introduction To Statistics	4
BIOL G100	Introduction to Biology	4
CHEM G180	General Chemistry A	5
PHYS G120	Algebra Based Physics: Mechanics	4
KIN G101	First Aid/Cardio-Pulmonary Resuscitation	3
Major Total		21-23
GE Pattern (CSU GE-Breadth or IGETC)		37-39
Total units that may be double-counted		7-12
Transferable Electives (as needed to reach 60 units)		7-12
Total Units		60

Recommended Program Sequence

These sequences are general course maps for students to finish all major and general education requirements for two-year completion of degrees, completion of short-term certificates, and/or fulfillment of transfer requirements. However, this may not be an appropriate path for all students. The two-year sequence is based on English and Math placement and meeting other course prerequisites. **Students are advised to meet with a GWC Counselor to review course selections and sequences to ensure that completion of this program will meet a student's transfer and career goals.**

Year 1:

Course	Title	Units
Semester 1		
KIN G100	Introduction to Kinesiology	3
BIOL G100	Introduction to Biology	4
ENGL G100	Freshman Composition ^A	4
Area A1: Oral communication course		3
Area C1: Arts course		3
<i>Units</i>		<i>17</i>
Semester 2		
PSYC G100	Introduction To Psychology (or other Area D: Social & Behavioral Science course)	3
HIST G170	History Of The United States To 1876 (Area C2: Humanities course)	3
or HIST G175 History of the United States Since 1876		
Area A3: Critical Thinking course		3-4
Individual Sport or Fitness or Team Sport		1

Course	Title	Units
<i>Select one of the following:</i>		<i>3-5</i>
MATH G160	Introduction To Statistics (recommended to satisfy Area B4: Math requirement)	4
CHEM G180	General Chemistry A	5
PHYS G120	Algebra Based Physics: Mechanics	4
KIN G101	First Aid/Cardio-Pulmonary Resuscitation	3
<i>Units</i>		<i>13-16</i>

Year 2:

Course	Title	Units
Semester 3		
BIOL G220	Human Anatomy	4
PSCI G180	American Government (Area D: Social & Behavioral Science course)	3
or PSCI G181	American Government: The Politics of Race and Ethnicity	
Area B1: Physical Science course (without lab)		3
CSU Transferable elective coursework for a total of 6 units		6
<i>Units</i>		<i>16</i>

Course	Title	Units
Semester 4		
BIOL G225	Human Physiology	4
Aquatics course (PE G111)		1
Individual Sport or Fitness or Team Sport		1
Area C: Arts & Humanities course		3
Area F: Ethnic Studies course		3
CSU Transferable elective coursework for a total of 3 units		3
<i>Units</i>		<i>15</i>
Total minimum units required		60

^a Program sequence may not be recommended for students who self-place into ENGL G100S. Students should see a Counselor for appropriate advisement.