

PSYCHOLOGY (PSYC)

PSYC G100 3 Units (54 lecture hours)

Introduction To Psychology

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

This course is an introduction to the scientific study of behavior. Topics include an exploration of major psychological theories and concepts, research methodology, memory, motivation, emotion, personality, intelligence, psychobiology, perception, cognition and consciousness, learning, development, social psychology, psychological disorders and therapeutic approaches, and applied psychology. Graded or Pass/No Pass option. **C-ID:** PSY 110.

PSYC G110 3 Units (54 lecture hours)

Psychology of Adjustment

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

This course will study of concepts and principles of personal and social adjustment, with an applied focus on how psychology is used in everyday life. Psychological theories regarding healthy adjustment are explored, including research on stress, coping, personal growth, self-esteem, self-actualization, and healthy vs. unhealthy relationships. Contemporary theories are examined, with an emphasis on how scientists, clinicians, and practitioners study and apply psychology. Graded or Pass/No Pass option. **C-ID:** PSY 115.

PSYC G116 3 Units (54 lecture hours)

Child Growth and Development

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

Formerly: PSYC G150 – Child Psychology. This course examines human development from conception through adolescence. Topics include family, culture, parenting, abuse, gender, language development, and education. This course emphasizes an understanding of the cognitive, social, and emotional development of children. Graded or Pass/No Pass option. **C-ID:** CDEV 100.

PSYC G118 3 Units (54 lecture hours)

Life Span Developmental Psychology

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

Formerly: PSYC G160 – Human Growth and Development. This course examines psychological development across the lifespan, from prenatal development through childhood, adolescence, adulthood, aging, and dying. Biological and environmental influences on development will be explored, and the psychological research on cognitive, personality, and social development will be examined. Graded or Pass/No Pass option. **C-ID:** PSY 180.

PSYC G130 3 Units (54 lecture hours)

Critical Thinking in Psychology

Prerequisite(s): ENGL G100, ENGL G100H, or ENGL G100S.

Grading Mode: Standard Letter

Transfer Credit: CSU; UC.

This course focuses on the development of critical thinking skills through written argumentation, and analysis of complex issues in the field of psychology. Students will learn about the common fallacies of reasoning, analyzing arguments, questioning opinion versus facts, effective problem solving, and the common errors of human cognition which impede critical thinking. Emphasis is placed on using critical thinking skills to examine contemporary issues involving human behavior, and writing effective logical arguments. Graded. **C-ID:** ENGL 105.

PSYC G140 4 Units (72 lecture hours)

Statistics for the Behavioral Sciences

Prerequisite(s): Course taught at the level of intermediate algebra or appropriate math placement.

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC: Credit Limitation: BIOL G260, ECON G160, MATH G103, MATH G160 and PSYC G140 combined: maximum credit, 1 course.

This course will explore the use of probability techniques, hypothesis testing, and predictive techniques to facilitate decision-making. Topics include descriptive statistics; probability and sampling distributions; statistical inference; correlation and linear regression; t-tests; analysis of variance, chi-square tests; and application of technology for statistical analysis including the interpretation of the relevance of the statistical findings. Applications using data from disciplines including psychology, social sciences, life and health sciences, and education. Graded or Pass/No Pass option. **C-ID:** MATH 110.

PSYC G165 3 Units (54 lecture hours)

Principles of Human Sexuality 1

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

Formerly: Human Sexuality – Psychological Basis. This course is an introduction to the psychological, sociocultural, emotional, and biological aspects of human sexuality. Topics include gender, love, healthy vs unhealthy relationships, abuse, sexual orientation, pornography, and sexual dysfunction. Students will be encouraged to explore their own sexual values, and interpersonal adjustment, as well as current social norms. Graded or Pass/No Pass option. **C-ID:** PSY 130.

PSYC G167 **3 Units (54 lecture hours)**
Psychology of Racism and Oppression
Advisory: PSYC G100.

Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU; UC.

This course is identical to ETHS G167. This course examines psychological theory, research and impact of racism, oppression, prejudice, and discrimination. It explores the underpinnings of oppression, racialization, and racism as well as the psychological and sociocultural effects of lived experiences of the four core racialized groups: African Americans, Asian Americans, Native Americans, and Latinx Americans. It investigates triggers of prejudice and the complex psychological patterns among majority and nonmajority groups. Students also learn about current movements of equity and resistance as they relate to the psychological impact experienced by communities of color. Graded or Pass/No Pass option.

PSYC G250 **3 Units (54 lecture hours)**
Psychobiology
Prerequisite(s): PSYC G100.

Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU; UC.

This course introduces the biological bases of behavior, and its fundamental role in the neurosciences. How biological factors such as genetics, hormones, neurochemistry, and the brain influence psychological phenomena will be presented. Topics include the biopsychology of psychological disorders, personality, emotions, memory, gender, sexuality, addiction, sleep, and dreams. Graded or Pass/No Pass option. **C-ID:** PSY 150.

PSYC G255 **3 Units (54 lecture hours)**
Abnormal Psychology
Advisory: PSYC G100 and ENGL G100.

Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU; UC.

Formerly: PSYC G158. This course introduces the scientific study of psychopathology and atypical behaviors, broadly defined. Students investigate abnormal behavior from a variety of perspectives including biological, psychological, and sociocultural approaches. An integrative survey of theory and research in abnormal behavior, and intervention and prevention strategies for psychological disorders are also introduced. Graded or Pass/No Pass option. **C-ID:** PSY 120.

PSYC G260 **3 Units (54 lecture hours)**
Social Psychology
Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU; UC.

This course begins the scientific study of the effects of social influences on human behavior and mental processes. It considers individual human behavior in relation to the social environment. The power of the situation, other individuals, and the social group will be examined. Topics include aggression, prejudice and stereotypes, interpersonal attraction, attitudes and attitude change, conformity, group phenomena, gender roles, cultural norms, person perception, and social cognition. Graded or Pass/No Pass option. **C-ID:** PSY 170.

PSYC G280 **4 Units (54 lecture hours; 54 lab hours)**
Research Methods in Psychology
Prerequisite(s): MATH G160 or PSYC G140 and PSYC G100.

Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU; UC.

Formerly: PSYC G185 – Introduction to Experimental Psychology. This course provides an introduction to basic research methods used in the social sciences including such topics as research design, experimental procedures, descriptive methods (naturalistic observation and correlational studies), instrumentation, and the collection, analysis, interpretation, and reporting of research data. Graded or Pass/No Pass option. **C-ID:** PSY 200; 205B.