

# SWHS G120: SEMINAR IN SOCIAL WORK AND HUMAN SERVICES

| Item                               | Value                                      |
|------------------------------------|--|
| Curriculum Committee Approval Date | 10/15/2024                                 |
| Top Code                           | 210400 - Human Services                    |
| Units                              | 1 Total Units                              |
| Hours                              | 18 Total Hours (Lecture Hours 18)          |
| Total Outside of Class Hours       | 0  |
| Course Credit Status               | Credit: Degree Applicable (D)              |
| Material Fee                       | No   |
| Basic Skills                       | Not Basic Skills (N)                       |
| Repeatable                         | No   |
| Open Entry/Open Exit               | No   |
| Grading Policy                     | Standard Letter (S),<br>• Pass/No Pass (B) |

## Course Description

Formerly: SWHS G200. This course will emphasize professional ethical standards, self-awareness and self-esteem, interviewing and communication skills, the relationship of theory and practice, and organization and client systems within human services. With concurrent enrollment in the fieldwork course and through professional development guidance, students will acquire and practice employable skills, competencies, and professional qualities needed for future employment. PREREQUISITE: SWHS G110. COREQUISITE: SWHS G121. Transfer Credit: CSU.

## Course Level Student Learning Outcome(s)

1. Course Outcomes
2. Evaluate ethical standards to practical situations.
3. Explain the importance of self-awareness, cultural sensitivity, and professional development within the helping profession framework.
4. Identify the fundamental legal guidelines and privacy practices.

## Course Objectives

- 1. Explain legal and ethical rules and guidelines according to national professional standards as it relates to the professional scope of practice.
- 2. Apply professional and ethical standards to use within a specific agency setting.
- 3. Examine the needs, interests, resources, and services that clients may need and benefit from.
- 4. Define the purpose of cultural engagement and the importance of ongoing professional development.
- 5. Examine personal growth as it relates to one's own career goals

## Lecture Content

The Social Worker/Human Services Practitioner Explore the journey of becoming a human services practitioner Examine the nature of

the helping professions Ethical and professional behavior Common factors within working relationships Characteristics of effective helping professionals Develop a case management approach Clarify career interests and options in specialized fields Adopt an advocacy mindset Codes of Ethics National Association of Social Workers (NASW) Code of Ethics National Organization for Human Services (NOHS) Ethical Standards for Professionals Confidentiality policies Ethical standards and challenges Mandated reporting Legal policies and procedures Building professional relationships Diversity in the Helping Profession Cultural sensitivity and diversity Culture and myths within social services Understand and reflect on personal biases Examine the needs, interests, resources, values, and opportunities of people who vary in terms of race, nationality, ethnicity, sexuality, religion, gender, age, ability, or socio-economic status Exploration of Progressive Nature and Skills of Generalist Practitioner Develop a generalist tool kit Healthy boundaries Develop a self-care plan and employ mindfulness strategies Explore services for individuals in the helping profession Lifelong Learning Stress in the helping profession Professional development

## Method(s) of Instruction

- Lecture (02)
- DE Live Online Lecture (02S)
- DE Online Lecture (02X)

## Reading Assignments

Readings from assigned textbooks and handouts Additional readings may come from academic journals and case studies related to their fieldwork client population and/or organization.

## Writing Assignments

Written assignments which may include written reports, guided journal entries reflecting on professional roles and organizational structures, short answer exercises, and exams. Each student will identify problems or obstacles within their fieldwork site and address methods for serving clients within that setting using professional standards of practice.

## Out-of-class Assignments

Reflective paper discussing overall experience in the helping field incorporating relevant theoretical models and ethical practices to summarize learning theory-to-practice, growth in expertise and skills, and considerations for their future career. Each student will be required to prepare and orally present a presentation on their fieldwork organization, the target population, the services provided, and their work duties.

## Demonstration of Critical Thinking

Students will analyze theory-to-practice, ethical issues, and use case studies to propose solutions to common issues faced by clients in the helping profession. Essay questions on exams, formal reports, and additional critical analysis of concepts and theories will be required.

## Required Writing, Problem Solving, Skills Demonstration

Students will reflect critical thinking skills in written assignments which may include: Written reports, guided journal entries, and a reflective paper integrating theoretical frameworks into their overall experience in the helping profession. Quizzes may be incorporated to check legal competencies.

## Eligible Disciplines

Counseling: Master's degree in counseling, rehabilitation counseling, clinical psychology, counseling psychology, guidance counseling, educational counseling, social work, or career development, marriage

and family therapy, or marriage, family and child counseling, OR the equivalent. (NOTE: A bachelor's degree in one of the above listed degrees and a license as a Marriage and Family Therapist (MFT) is an alternative qualification for this discipline.) Master's degree required. Title 5, section 53410.1 Psychology: Master's degree in psychology OR bachelor's degree in psychology AND master's degree in counseling, sociology, statistics, neuroscience, or social work OR the equivalent. Master's degree required. Sociology: Master's degree in sociology OR bachelor's degree in sociology AND master's degree in anthropology, any ethnic studies, social work, or psychology OR the equivalent. Master's degree required.

### **Textbooks Resources**

1. Required Cournoyer, B. R. The Social Work Skills Workbook (latest), 8th ed. Cengage, 2017 Rationale: Latest edition related to developing skills in social work. 2. Required Myers, P. The Human Service Internship: Getting the Most from Your Experience (latest), 4th ed. Cengage Learning, 2016 Rationale: Latest edition for human services internships.

### **Other Resources**

1. NASW <http://www.socialworkers.org> 2. NOHS <http://www.nationalhumanservices.org>