

SWHS G110: INTRODUCTION TO SOCIAL WORK AND HUMAN SERVICES

Item	Value
Curriculum Committee Approval Date	10/15/2024
Top Code	210400 - Human Services
Units	3 Total Units
Hours	54 Total Hours (Lecture Hours 54)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S)
Local General Education (GE)	<ul style="list-style-type: none"> Area 4 Social and Behavioral Sciences (GD)

Course Description

Formerly: SWHS G100. This course provides an overview of social welfare and the societal institutions in the U.S. that structure the provision of social services and services. The course presents a historical perspective of U.S. social work and human services, with emphasis on the evolution of social welfare programs and institutions, major U.S. court and policy decisions, contemporary social problems, and modern service delivery systems. Further exploration of current policies, procedures, and the tasks of culturally responsive social workers and human service workers is also covered. Students will explore professional, ethical, and cultural issues facing the fields of social work and human services. ADVISORY: ENGL C1000 or ENGL C1000E. Transfer Credit: CSU; UC.

Course Level Student Learning Outcome(s)

1. Course Outcomes
2. Identify the major historical transitions of social welfare and human services in the United States.
3. Discuss theories and models of social work practice utilized by human service specialists.
4. Assess the way that clients' needs are identified to determine services.
5. Compare and contrast the impact of cultural humility legal, ethical, and professional responsibilities within the practice of social work and human services organizations through the lens of oppression and privilege.

Course Objectives

- 1. Discuss the historical evolution of social welfare and human services in the United States.
- 2. Examine the philosophy and history of the helping profession.
- 3. Analyze the current methods to deliver social work and human service programming that address specific clients' needs.
- 4. Conduct an analysis of social policies that address social work and human services through the lens of ethnicity, race, age, sex, gender

identity, religion, abilities, and other categories in which individuals have been historically marginalized and oppressed.

- 5. Research the major social welfare legal policies and decisions that address social problems and the delivery of services to clients within the general society.
- 6. Analyze the dismantling of the welfare system and its impact on historically marginalized communities.
- 7. Explain the services provided by a local social welfare agency.
- 8. Identify and be able to uphold the legal, ethical, and professional practice responsibilities of working with social work and human service organizations with attention to cultural humility and oppressed groups.
- 9. Determine the skills and personal qualities, including personal biases, multicultural competency, and practitioner strategies required in helping professions.
- 10. Analyze the theoretical frameworks that support the understanding and philosophy of the human services profession.
- 11. Illustrate ways of collaborating, negotiating, and advocating in working with and within social welfare and human service agencies and institutions.
- 12. Compare and contrast the National Association of Social Workers (NASW) and National Organization for Human Services (NOHS) codes of ethics and how they respond to vulnerable, oppressed, and marginalized groups and communities through a social justice and cultural competency lens.
- 13. Define societal structures that perpetuate inequitable outcomes for historically marginalized communities in the United States.

Lecture Content

Examine the historical overview of social work, human services, and social welfare Define societal structures that perpetuate inequitable outcomes for historically marginalized communities in the United States The evolution of social welfare institutions and programs in the United States and local community responses Theories and models of counseling, social work, and human services Examination of the U.S. legal and major court decisions shaping social work and human services Social policy perspectives addressing social work and human services Critical examination of inequities as it relates to social policies and delivery of services Understanding and appreciation of the contributions and perspectives of individuals and groups to the profession Detailed profile of the current U.S. social welfare, human services delivery system environment Historically marginalized communities in the United States receiving social services Understanding and equitable delivery of services to multicultural identities and intersectionality of individuals and communities Social work and human services practitioner roles and orientation Multicultural competency and understanding of personal intersectional identities Critical analysis of personal biases and ethical frameworks and alignment with professional standards Micro-influences and macro-influences impacting social work in the United States and globally Ethics, values, and professional practice perspectives for social work and human service practitioner

Method(s) of Instruction

- Lecture (02)
- DE Live Online Lecture (02S)
- DE Online Lecture (02X)

Reading Assignments

Assigned readings from the text and ancillary readings. Legal and Ethical guidelines for the field. Research journals of Social Work, Human Services, and related disciplines. Primary texts from authors in the social work and human services fields, newsletters and websites of human service organizations, both professional and in-practice. Professional Associations for Social Work and Human Services websites.

Writing Assignments

Create a research paper using a standard format such as American Psychological Association (APA) or Modern Language Association (MLA) on a topic pertaining to social work and human service theory and practice. Critical reflection on the influence society has on individuals who seek support from human services agencies. Prepare short answer to assigned readings.

Out-of-class Assignments

Research human service and social work practice via interviews with a human services professional in the field. Written essays and reports. Homework assignments involving concepts taught in class such as social class, race or gender, and the assigned textbook. Research and evaluation of case studies.

Demonstration of Critical Thinking

Review case studies and critically analyze ethical and legal issues within the profession. Compare and contrast ethical principles and standards and how they support or do not support marginalized and oppressed groups. Complete short answer responses that analyze how characteristics of privacy, ethics, and social justice affect the levels of care that people can find and receive.

Required Writing, Problem Solving, Skills Demonstration

Students will reflect critical thinking skills in written assignments which may include written reports, guided journal entries reflecting on case studies, short answer exercises, and a research paper.

Eligible Disciplines

Counseling: Master's degree in counseling, rehabilitation counseling, clinical psychology, counseling psychology, guidance counseling, educational counseling, social work, or career development, marriage and family therapy, or marriage, family and child counseling, OR the equivalent. (NOTE: A bachelor's degree in one of the above listed degrees and a license as a Marriage and Family Therapist (MFT) is an alternative qualification for this discipline.) Master's degree required. Title 5, section 53410.1 Psychology: Master's degree in psychology OR bachelor's degree in psychology AND master's degree in counseling, sociology, statistics, neuroscience, or social work OR the equivalent. Master's degree required. Sociology: Master's degree in sociology OR bachelor's degree in sociology AND master's degree in anthropology, any ethnic studies, social work, or psychology OR the equivalent. Master's degree required.

Textbooks Resources

1. Required Burger, W. . Human Services in Contemporary America, 10th ed. Cengage (latest), 2018 Rationale: Latest 2. Required Cox, L. E., Tice, C. J., Long, D. D. Introduction to social work: An advocacy-based profession., 3rd ed. SAGE Publications, 2021 3. Required Neukrug, E. . Theory, practice, and trends in human services: An introduction., 7th ed. Cengage, 2025 4. Required Woodside, M., McClam, T. . An introduction to human services., 9th ed. Cengage (latest), 2019 Rationale: Latest edition 5. Required Zastrow, C. Hessenauer, S. L. Introduction to social work and social welfare: Empowering people., 13th ed. Cengage, 2022 6. Required

Morgaine, K. and Capous-Desyllas, M. Anti-Oppressive Social Work Practice: Putting Theory into Action, ed. Cognella Academic Publishing, 2020

Other Resources

1. National Association of Social Workers (NASW). <http://www.socialworkers.org/NationalOrganizationforHumanServices> (NOHS). <https://www.nationalhumanservices.org/>