

# SPED C075N: ABI COGNITIVE REFRESHER COURSE

Item	Value
Top Code	493030 - Learning Skills, Handicapped
Units	0 Total Units
Hours	12 Total Hours (Lab Hours 12)
Total Outside of Class Hours	0
Course Credit Status	Noncredit (N)
Material Fee	No
Basic Skills	Basic Skills (B)
Repeatable	Yes; Repeat Limit 99
Open Entry/Open Exit	No
Grading Policy	P/NP/SP Non-Credit (D)

## Course Description

This is a refresher course in cognitive skills and compensation strategies as related to job, school, and home settings. The course will also teach students to self-assess job and school performance and to develop and implement plans for improving performance. PREREQUISITE: Graduation from Coastline's ABI program or equivalent. Noncredit. NOT DEGREE APPLICABLE. Not Transferable.

## Course Level Student Learning Outcome(s)

1. Establish and evaluate at least three personal and work-related goals.
2. Identify and utilize coping strategies and relevant resources to deal with consequences related to brain injury.
3. Identify and acknowledge personal cognitive strengths and deficits.

## Course Objectives

- 1. Generate compensation strategies for a minimum of three cognitive deficits.
- 2. Identify a minimum of three coping/stress management strategies related to individual psychosocial issues.
- 3. Implement goal setting strategies to improve cognitive performance at home, on the job, and/or in community settings.

## Lecture Content

See Lab Content

## Lab Content

Cognitive Skills Definitions of cognitive skills Hierarchy of cognitive functions Compensation strategies for individualized cognitive deficits Psychosocial Issues Related to ABI Identification of individual psychosocial factors Coping strategies Resources Improving Cognitive Performance Practical technology resources (apps and internet) Goal Setting Executive Functioning Templates (Decision making, problem solving, etc.)

## Method(s) of Instruction

- Regular NC Lab (NC4)
- Live Online Reg NC Lab (NCC)

## Instructional Techniques

Discussion of concepts Discussion of current issues and areas of interest Peer supported evaluation and sharing Evaluations Self-Evaluations In-class hands-on practice of strategies and techniques

## Reading Assignments

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## Writing Assignments

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## Out-of-class Assignments

TBD

## Demonstration of Critical Thinking

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## Required Writing, Problem Solving, Skills Demonstration

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## Eligible Disciplines

Psychology: Master's degree in psychology OR bachelor's degree in psychology AND master's degree in counseling, sociology, statistics, neuroscience, or social work OR the equivalent. Master's degree required. Special education: Minimum qualifications for these faculty members are specified in title 5, section 53414. Master's degree required. Title 5, section 53414 Speech language pathology: Master's degree in speech pathology, speech language pathology, speech language and hearing sciences, communicative disorders, communicative disorders and sciences, communication sciences and disorders, or education with a concentration in speech pathology, OR the equivalent. Master's degree required.

## Textbooks Resources

1. Required Swiercinsky, Dennis P.; Price, Terrie L.; Leaf, Leif E. Traumatic Brain Injury Causes, Consequences, and Challenge, ed. Kansas City: Brain Injury Association of Kansas Greater Kansas City, 2006 Rationale: Rationale required for books with a publish date of over 5 years. Legacy Textbook Transfer Data: Legacy text

## Other Resources

1. Coastline Library