

PUBH A205: INTRODUCTION TO HEALTH AND HEALTHCARE CAREERS

Item	Value
Curriculum Committee Approval Date	02/26/2025
Top Code	083700 - Health Education
Units	3 Total Units
Hours	54 Total Hours (Lecture Hours 54)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S)

Course Description

This course provides an overview of healthcare careers and their respective career paths, educational requirements, skill requirements, and professional responsibilities. Essential skills required by health-related professions, such as emphasizing personal attributes, demonstrating professionalism, engaging in teamwork, and building communication skills, will be covered. Students will evaluate the pros and cons of careers they are interested in pursuing to guide them in making educational and career decisions for various public health and healthcare occupations. ADVISORY: English, one level below transfer (ie, eligibility for English composition (CID ENGL 100) and reading a course with an exiting skill of ability to read a college level text. Transfer Credit: CSU. C-ID: PH 105.C-ID: PH 105.

Course Level Student Learning Outcome(s)

1. Explain the U.S. healthcare system, including how individuals access healthcare and basic principles that influence healthcare economics.
2. Describe the different public and healthcare careers and what they need to prepare for obtaining one.
3. Define general medical terms used in public health and healthcare careers.

Course Objectives

- 1. Explain the history of healthcare in the U.S., including the current state of healthcare in the U.S.
- 2. Identify and describe various public health and healthcare careers, career pathways, and educational and training requirements.
- 3. Demonstrate job research techniques to learn about various public health and healthcare careers and job-seeking skills.
- 4. Identify and describe the personal skills, qualities, and characteristics necessary for specific public health and healthcare workers.
- 5. Practice skills necessary for public health and healthcare workers in various workplace settings.
- 6. Demonstrate how to use web-based applications to search for information related to various public health and healthcare positions.

- 7. Identify and describe the professional skills, qualities, and characteristics necessary for specific public health and healthcare workers.
- 8. Explain important law, ethics, and professionalism in public health and healthcare
- 9. Employ basic medical terminology.

Lecture Content

History and state of the U.S. healthcare system Accessing medical care Healthcare Economics Payment methods Managed care Prevention versus treatment Health care careers Pathways Entry level Technical level Professional Educational and training requirements Nursing Physician Medical Doctor (MD) Doctor of Osteopathy (DO) Dental DDS Hygienist Therapy and rehabilitation Physical Therapist Occupational Therapist Recreational Therapist Athletic Training Laboratory and pharmacy services Laboratory technician Phlebotomist Pharmacist Pharmacist assistant Diagnostic and imaging services Radiology Ultrasound Electrocardiology Health information systems Health Administration Public health Epidemiology Health Educator Job research techniques Job profiles Job-seeking skills Personal skills Attributes Characteristics Professionalism Law and Ethics in Healthcare Patient care Teamwork Communication Critical thinking Professional skills Technology used in the medical field Documentation Medical math Infection control Physiological measurements Body mechanics Safety and emergency procedures Medical terminology Medical instrumentation

Method(s) of Instruction

- Lecture (02)

Instructional Techniques

Lecture, discussion, video presentations, guest speakers

Reading Assignments

Students will read assigned chapters from the textbook and instructor-provided materials. (2 hours a week)

Writing Assignments

Students will complete written assignments with instructor-provided prompts. They will complete a personal profile related to the skills developed in class. (2 hours a week)

Out-of-class Assignments

Students will complete various assignments related to career exploration and public health/healthcare careers. Students will complete written assignments with instructor-provided prompts to help them explore their strengths, characteristics, and motivations in pursuing a public health or healthcare profession. They may also participate in group assignments. (3 hours a week)

Demonstration of Critical Thinking

Students will assess their career path options and each profession's requirements and decide how they will proceed.

Required Writing, Problem Solving, Skills Demonstration

Students will complete assignments that require written responses to instructor-provided prompts. Students will work collaboratively to identify how different public health and healthcare careers help keep communities healthy.

Eligible Disciplines

Counseling: Master's degree in counseling, rehabilitation counseling, clinical psychology, counseling psychology, guidance counseling, educational counseling, social work, or career development, marriage and family therapy, or marriage, family and child counseling, OR the equivalent. (NOTE: A bachelor's degree in one of the above listed degrees and a license as a Marriage and Family Therapist (MFT) is an alternative qualification for this discipline.) Master's degree required.

Title 5, section 53410.1 Health: Master's degree in health science, health education, biology, nursing, physical education, kinesiology, exercise science, dietetics, or nutrition OR bachelor's degree in any of the above AND master's degree in public health, or any biological science OR the equivalent. Master's degree required. Health care ancillaries (medical assisting, hospice worker, home care aide...: Any bachelor's degree and two years of professional experience, or any associate degree and six years of professional experience.

Textbooks Resources

1. Required Dakota, M. Haroun, L.. Introduction to Health Care, 5 ed. Cengage Learning, 2020 2. Required DeLaet, R.. Introduction to Health Care and Careers , ed. Jones Bartlett Learning, 2020