

PSYC G255: ABNORMAL PSYCHOLOGY

Item	Value
Curriculum Committee Approval Date	11/03/2020
Top Code	200100 - Psychology, General
Units	3 Total Units
Hours	54 Total Hours (Lecture Hours 54)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)
Local General Education (GE)	• Area 4 Social and Behavioral Sciences (GD)
California General Education Transfer Curriculum (Cal-GETC)	• Cal-GETC 4 Social & Behavioral Sciences (4) • Cal-GETC 4I Psychology (4I)
Intersegmental General Education Transfer Curriculum (IGETC)	• IGETC 4 Social&Behavioral Sci (4) • IGETC 4I Psychology (4I)
California State University General Education Breadth (CSU GE-Breadth)	• CSU D9 Psychology (D9)

Course Description

Formerly: PSYC G158. This course introduces the scientific study of psychopathology and atypical behaviors, broadly defined. Students investigate abnormal behavior from a variety of perspectives including biological, psychological, and sociocultural approaches. An integrative survey of theory and research in abnormal behavior, and intervention and prevention strategies for psychological disorders are also introduced. ADVISORY: PSYC C1000, and ENGL C1000 or ENGL C1000E. Transfer Credit: CSU; UC. C-ID: PSY 120. C-ID: PSY 120.

Course Level Student Learning Outcome(s)

1. Course Outcomes
2. Compare and contrast the various theoretical perspectives on etiology and implications for treatment of various psychological disorders.
3. Summarize the major disorder classifications giving concrete examples using appropriate diagnostic terminology (i.e., DSM).
4. Explain specific research methods and the ethical principles for the study and treatment of psychopathology.

Course Objectives

- 1. Discuss the criteria that are used to define abnormal behavior.
- 2. Describe measures of abnormal behavior including assessments, examinations, and diagnostic systems.
- 3. Differentiate contemporary perspectives as they relate to abnormal behavior including biological, psychodynamic, cognitive, humanistic, and others.
- 4. Analyze the various methods used to study psychopathology.
- 5. Explain the relationship between cultural norms and labeling abnormal behavior.
- 6. Define basic biological and psychological terminology to describe psychopathology and atypical behavior and mental processes.

Lecture Content

Psychopathology and Mental Disorders Historical Cultural Social Scientific Ethical Considerations Issues in classification and diagnosis DSM (current edition) Cultural sensitivity Introduction to Clinical Assessments Research Methodology in Psychopathology Descriptive Epidemiological Experimental Naturalistic observation Single subject research designs Theories and Perspectives in Abnormal Psychology Biological Psychodynamic Humanistic and existential paradigm Behavioral/Learning Cognitive Psychological Disorders (characteristics, etiology, and treatment) Anxiety disorders Somatoform and dissociative disorders Mood disorders Schizophrenia Substance related disorders Personality disorders Sexual dyfunctions and gender issues Disorders of childhood and adolescence Eating disorders

Method(s) of Instruction

- Lecture (02)
- DE Live Online Lecture (02S)
- DE Online Lecture (02X)

Instructional Techniques

Lecture and class discussion. Discussion groups Presentations

Reading Assignments

Assigned readings from the textbook as well as relevant journal articles.

Writing Assignments

1. Essay questions on key concepts on assignments or exams 2. Written summaries of key concepts 3. APA style research paper

Out-of-class Assignments

Small group projects, library assignments, presentations, application of concept assignments.

Demonstration of Critical Thinking

Students will write critiques of scientific articles/videos. They will answer critical thinking essay questions on exams, as well as write a paper that analyzes a contemporary method of research.

Required Writing, Problem Solving, Skills Demonstration

Students will be presented with scenarios of individuals who are exhibiting various symptoms. They will practice assessing, diagnosing, and setting up a treatment option that has proven effective in the current literature.

Textbooks Resources

1. Required Barlow, D.H., Durand, V.M., and Hofmann, S.G.. Abnormal Psychology: An Integrative Approach, 8 ed. Boston: Cengage Learning, 2018
2. Optional Bridley, A., Daffin Jr, L.W.. Essentials of Abnormal Psychology (OER), 1 ed. PressBooks, 2018
3. Required Comer, R. J., Comer, J. S. . Abnormal Psychology, 10 ed. McMillan, 2018