

PSYC G118: LIFE SPAN DEVELOPMENTAL PSYCHOLOGY

Item	Value
Curriculum Committee Approval Date	11/19/2019
Top Code	200100 - Psychology, General
Units	3 Total Units
Hours	54 Total Hours (Lecture Hours 54)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)
Local General Education (GE)	<ul style="list-style-type: none"> • Area 4 Social and Behavioral Sciences (GD) • Area 7E Lifelong Understanding and Self-Development (GE)
California General Education Transfer Curriculum (Cal-GETC)	<ul style="list-style-type: none"> • Cal-GETC 4 Social & Behavioral Sciences (4) • Cal-GETC 4G Interdiscipline Study (4G) • Cal-GETC 4I Psychology (4I)
Intersegmental General Education Transfer Curriculum (IGETC)	<ul style="list-style-type: none"> • IGETC 4 Social&Behavioral Sci (4) • IGETC 4G Interdiscipline Study (4G) • IGETC 4I Psychology (4I)
California State University General Education Breadth (CSU GE-Breadth)	<ul style="list-style-type: none"> • CSU D7 Interdisciplinary Study (D7) • CSU D9 Psychology (D9) • CSU E1 Lifelong Understanding (E1)

Course Description

Formerly: PSYC G160 – Human Growth and Development. This course examines psychological development across the lifespan, from prenatal development through childhood, adolescence, adulthood, aging, and dying. Biological and environmental influences on development will be explored, and the psychological research on cognitive, personality, and social development will be examined. Transfer Credit: CSU; UC. C-ID: PSY 180. **C-ID:** PSY 180.

Course Level Student Learning Outcome(s)

1. Course Outcomes
2. Identify the importance of different research methods in psychology, including the methods of studying human development, citing strengths and limitations of each.
3. Explain the influence of both biological (e.g. genes, brain) and environmental (e.g. culture, family) factors shaping the individual across the lifespan.
4. Apply the major theoretical perspectives of developmental psychology (e.g. cognitive, psychosocial, humanistic, sociocultural) to real-life examples.

Course Objectives

- 1. Identify and describe the techniques and methods used by developmental psychologists to study human development.
- 2. Describe the importance of research to the field of psychology, and explain the different research methods.
- 3. Compare and contrast the different psychological theories and perspectives of developmental psychology.
- 4. Explain the importance of many different biological and environmental factors on human development, and how individuals are impacted by these forces across the lifespan.
- 5. Describe social and cognitive developmental patterns of development across the lifespan.
- 6. Explain the importance of culture, family, socioeconomic status, and other important sociocultural factors, on human development.
- 7. Demonstrate awareness of the many developmental and life challenges faced by people at every stage of life.
- 8. Apply the major theoretical perspectives of developmental psychology to different real-life examples.

Lecture Content

Introduction to Human development Definitions and controversies in the field (traditional vs lifespan, continuous vs discontinuous, nature vs nurture) The Scientific Method Research methods used to study human change over time Psychological Developmental Theories Psychodynamic, Learning, Sociocultural, Cognitive, Humanistic, Psychosocial Genetics Genes, chromosomes and genetic transmission Genetic and chromosomal disorders Prenatal Development and Birth Effects of the environment on prenatal development Neonatal testing and competencies Physical, cognitive, and psychosocial development during infancy Brain development and learning in infancy Temperament Attachment Physical, cognitive, and psychosocial development across childhood Play, social development, and peer relationships Parenting styles Language development Piaget and Vygotsky's theories of cognitive development Moral development Family and cultural influences on development Physical, cognitive, and psychosocial development during adolescence Puberty and sexual development Peer relationships, dating, conformity, and social development Cognitive development, evolving reasoning, and moral development Identity development Family and cultural influences Physical, cognitive, and psychosocial development during early and middle adulthood Stress and health Love and intimate relationships Marriage and divorce Career and job burnout Parenthood Physical, cognitive, and psychosocial development during late adulthood Memory, normal changes, dementia, and Alzheimer's disease Healthy aging Family relations and social support Cultural and social factors of

aging Death and dying Stages and process of grief Social and cultural influences

Method(s) of Instruction

- Lecture (02)
- DE Live Online Lecture (02S)
- DE Online Lecture (02X)

Instructional Techniques

1. Lecture and discussion regarding reading materials and conternporary research.2. Reflective student essays, applying the theories and research to real-life.3. In-class group work, to apply, discuss, and explore psychological concepts.4. Writing assignments evaluating additional materials and contemporary events.

Reading Assignments

1. Readings assigned from the textbook.2. Additional articles and handouts assigned by the instructor.

Writing Assignments

1. Analytical essays, applying the psychological concepts to concrete examples.2. Reflective writing assignments, applying the psychological theories to real-life examples.3. Essay questions on exams.4. In class writing assignments, individually and in group work.

Out-of-class Assignments

1. Instructor may assign activities which ask students to apply psychological theories and research to their own lives.2. Reflective writing assignments, analyzing the real-life impact of these assignments.

Demonstration of Critical Thinking

1. Students will compare and contrast the social, psychological, and biological factors that shape human development across the lifespan, and will demonstrate this through writings, exams, and discussions.2. Analytical papers, demonstrating critical analysis of concepts and theories.3. Discussions and in-class activities involving complex application of psychological theories.4. Essay questions on exams, requiring the ability to compare and contract different theories and research.5. Objective questions on exams, requiring the application of theories and research to different scenarios.

Required Writing, Problem Solving, Skills Demonstration

1. Analytical papers, demonstrating critical analysis of concepts and theories.2. Discussions and in-class activities involving complex application of psychological theories.3. Essay quesitons on exams, requiring the ability to compare and contract different theories and research.

Eligible Disciplines

Psychology: Master's degree in psychology OR bachelor's degree in psychology AND master's degree in counseling, sociology, statistics, neuroscience, or social work OR the equivalent. Master's degree required.

Textbooks Resources

1. Required Berger, K.S.. Invitation to the Life Span, 3rd ed. Worth, 2016 2. Required Berk, L.. Exploring Lifespan Development, 4th ed. Pearson , 2018 3. Required Feldman, R.S.. Discovering the Lifespan, 4th ed. Pearson , 2018

Other Resources

1. Instructor Prepared Materials