

# PE G193: SOCCER 2

Item	Value
Curriculum Committee Approval Date	05/21/2024
Top Code	083500 - Physical Education
Units	1 Total Units
Hours	54 Total Hours (Lab Hours 54)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)

## Course Description

This course is tailored for intermediate soccer players, focusing on intermediate techniques, strategies, and match analysis. Building on the skills learned in Soccer 1, students will delve into intermediate tactical concepts, game analysis, and player development. Through detailed tactical discussions, match analysis sessions, and practical exercises, students will deepen their understanding of the game and devise strategies for success on the field. Additionally, the course will address fitness and health-related topics to promote and sustain a wellness lifestyle. ADVISORY: PE G192. Transfer Credit: CSU; UC.

## Course Level Student Learning Outcome(s)

1. Course Outcomes
2. Apply intermediate soccer techniques and strategies in competitive game situations.
3. Analyze errors in intermediate soccer skills and tactical play to identify methods of adjustment for enhanced performance.
4. Execute complex plays and strategies with teammates during matches.

## Course Objectives

- 1. Apply an intermediate in-depth understanding of the laws of the game through analysis and evaluation.
- 2. Evaluate and strategize systems of play for tactical success in full-field games.
- 3. Apply intermediate techniques with precision and creativity in soccer.

## Lecture Content

### Lab Content

Intermediate Ball Control and Passing Intermediate ball control drills under pressure Techniques for precise passing in tight spaces Small-sided games emphasizing quick passing and combination play Creative Attacking Play Intermediate dribbling techniques and feints Creating scoring opportunities through individual skill and creativity Analysis of attacking patterns and movement off the ball Defensive Strategies

and Transition Intermediate defensive tactics including pressing triggers and zonal marking Transitioning quickly between attack and defense Scrimmages focusing on defensive organization and counter-attacking strategies Set Pieces and Special Situations Strategies for attacking and defending set pieces (corners, free kicks) Role of set-piece specialists in modern soccer Practical sessions simulating set-piece scenarios and rehearsing routines Intermediate Tactical Analysis In-depth analysis of professional matches to identify intermediate tactical trends Discussion of intermediate formations and tactical adjustments during matches Team-based projects analyzing match footage and developing intermediate strategic game plans Leadership and Coaching Developing leadership skills on and off the field Introduction to coaching principles and methodologies Practical coaching sessions and peer feedback

## Method(s) of Instruction

- Lab (04)
- DE Live Online Lab (04S)

## Reading Assignments

Text and instructor handouts

## Out-of-class Assignments

## Demonstration of Critical Thinking

Critically analyze professional games through class discussion; Develop a personalized fitness regimen based on thoughtful assessment

## Required Writing, Problem Solving, Skills Demonstration

Demonstration of intermediate soccer skills; Analysis of match footage and strategic game plans through discussion; Collaboration on team skill building and presentations focusing on intermediate tactical concepts and match analysis; Setting goals.

## Eligible Disciplines

Kinesiology: Master's degree in kinesiology, physical education, exercise science, education with an emphasis in physical education, kinesiology, physiology of exercise, or adaptive physical education OR Bachelor's degree in any of the above AND Master's degree in any life science, dance physiology, health education, recreation administration or physical therapy OR the equivalent.

## Textbooks Resources

1. Required Bellos, A Lyttleton, B. The Soccer Handbook: Techniques, Tactics, and Strategy, ed. Bloomsbury Sport, 2021