

NURS G051N: CARE OF THE ELDERLY ADULT

Item	Value
Curriculum Committee Approval Date	10/04/2022
Top Code	130900 - Gerontology
Units	0 Total Units
Hours	10 Total Hours (Lecture Hours 10)
Total Outside of Class Hours	0
Course Credit Status	Noncredit (N)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	Yes; Repeat Limit 99
Open Entry/Open Exit	No
Grading Policy	P/NP/SP Non-Credit (D)

Course Description

This noncredit course discusses body changes and diseases for elderly patients. Emphasis will be placed on the aged-related physiological changes within the various body systems, interpretation of vital signs and promotion of safety when caring for elderly patients. A review of proper body mechanics for caregivers will be addressed. PREREQUISITE: NURS G050N. COREQUISITE: NURS G052N. NOT DEGREE APPLICABLE. Not Transferable.

Course Level Student Learning Outcome(s)

1. Course Outcomes
2. Describe common aged-related changes and common medical diseases that effect the elderly population.
3. Identify normal vital signs parameter.
4. Examine factors that promote safety in elderly patients and caregivers.

Course Objectives

- 1. List common health problems and aging changes in body systems.
- 2. Interpret vital sign readings in elderly patients.
- 3. Describe risk for fall and prevention in elderly patients.
- 4. Identify elements that promote safety in caregivers.

Lecture Content

Common health problems and effects on aging Cardiovascular System Digestive System Endocrine System Musculoskeletal System Neurological System Respiratory System

- Enhanced NC Lect (NC1)
- Live Online Enhanced NC Lect (NC9)

Reading Assignments

Handouts provided by instructor

Writing Assignments

Complete fill-in portions of handouts provided by instructor

Out-of-class Assignments

Read the provided handouts

Demonstration of Critical Thinking

Case studies and role play

Required Writing, Problem Solving, Skills Demonstration

Discussion will highlight common diseases and safety measures in elderly patients, demonstration of active learning and utilization of vital signs interpretation while responding to scenarios

Eligible Disciplines

Nursing: Master's degree in nursing OR bachelor's degree in nursing AND master's degree in health education or health science OR the equivalent OR the minimum qualifications as set by the Board of Registered Nursing, whichever is higher. Master's degree required.

Textbooks Resources

1. Required Townsend, K.. Fundamental Concepts and Skills for the Patient Care Technician, 2nd ed. Mosby, 2022 Rationale: To master information and skills needed to be a Senior Healthcare Technician.