

KIN A290: SPORT AND SOCIETY

Item	Value
Curriculum Committee Approval Date	12/04/2024
Top Code	083500 - Physical Education
Units	3 Total Units
Hours	54 Total Hours (Lecture Hours 54)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S)

Course Description

Explores sociological constructs of sport and physical activity from a theoretical and applied perspective; examining current challenges, relevant issues, and controversies in sport and physical activity. An interdisciplinary approach is used to identify the factors that define and influence sport and physical activity. Transfer Credit: CSU; UC.

Course Level Student Learning Outcome(s)

1. Describe specific sociological theories associated with sport and physical activity and use an inquiry based process to assess the impacts of theories that affect societal norms in sport and physical activity.
2. Evaluate and challenge the assumptions associated with social practices and history of the American culture of physical activity and movement.
3. Evaluate the impacts of American societal norms on sport and exercise and measure the association of influence and power from organizing bodies on those norms.

Course Objectives

- 1. Demonstrate knowledge and understanding of the sociological theories that apply to sport, the history of sport, and the influence of politics, materialism, the media, religion, and economics on sport.
- 2. Critique and apply the sociological theories that apply to sport, the history of sport, and the influence of politics, materialism, the media, religion, and economics on sport.
- 3. Compare and contrast the social problems and norms related to sport in its dimensions as play, competition, leisure, education, and work.
- 4. Identify and discuss the social and cultural trends and attitudes of sport and physical activity within demographic groups.
- 5. Assess pay for play conceptions and theories within the constructs of American and national institutions.
- 6. Synthesize and analyze the relationship between society and sport, examining their affects and influence on each other.
- 7. Evaluate and critique popular or dominant ways of thinking about sport and physical activity

- 8. Consider and explain how power and structures operate through sport and sporting cultures and within organizations
- 9. Develop critical thinking, reading, and writing skills to be applied in both individual and collaborative environments within and through inquiry of sport, physical activity, culture, and society.

Lecture Content

Sociological factors of engaging in movement and sport? Different theories conflict theory, functionalist, interactionist theory, critical theories, feminist theories Impacts of theories and how its viewed with the lens of sport and physical activity Historical foundations/context of sport and movement Why the systems exist How we can navigate the systems What does it mean to change the face of something or shape/impact sports? How the history of our experiences informs and allow for growth and new opportunities Sport and opportunity in US and Sport (analysis of opportunities and inequities) Gender opportunities and inequities Cultural opportunities and inequities Socioeconomic opportunities and inequalities Historical, Current, Future Perspective - The structures and systems of American athletic organizations (NCAA, NFL, Olympics). Power and influence on sport Sports and religion Gender and equity in sports Over conformity to sport norms (judge type sports) cultural aspects and detrimental impacts Health concerns eating disorders in sport (running, diving, etc.) Playing hurt are people endangering themselves culture and code of conduct gladiator mentality Pressure comes from different places Don t want to let the team down Give it all and sacrifice to the team Part of a team and didn t want to disappoint Violence, drug use, etc. imbed into conformity Concussions and CTE health and wellbeing of athlete some clubs have better access to health care compared to others. Initiation and hazing current laws and expectations vs. changes in society Pay for play Name, Image, Likeness College experiences potential working with parents to get their child enrolled into certain schools (move to structures as an idea) Scandals in Sports FIFA, Olympics, World Cup, Black socks scandal, etc (could be under the structure of sport spot e.g. AYSO how its changed club world, story of haves and have nots, CIF scholastic sports Review Coakley s table of contents and add where appropriate

Method(s) of Instruction

- Lecture (02)
- DE Live Online Lecture (02S)
- DE Online Lecture (02X)

Instructional Techniques

Lecture/discussion Lab and skill demonstration Media and computer demonstration Internet exploration Problem solving

Reading Assignments

Students will spend approximately 2 - 4 hours a week reading from the text book and articles from peer reviewed journals and research articles

Writing Assignments

Students will spend approximately 1 2 hours a week completing individual and group written assignments such as a resume, job investigation, interview or research review paper; homework assignments to emphasis course topics.

Out-of-class Assignments

Written presentation of group report
Written assignment in reference to sport in our society
Term paper
Two examinations on the course material

Demonstration of Critical Thinking

Construct two written reports
Explain the relevance of current happenings in sports to Sociology of Sport
Analyze a sporting event and make a practical observation of the coaches and players
Prepare a written report on their findings
Assess what the students observed and correlate it to our study
Produce video tape segments of sport that are relevant and present them to the class
Examine sports media publicity items as they relate to principles of sport sociology

Required Writing, Problem Solving, Skills Demonstration

Class discussions provide opportunities for students to collaborate in problem solving and skill demonstration. Students are required to create plans that require them to take topics from weekly content and develop plans that demonstrate an understanding of the current topic.

Eligible Disciplines

Kinesiology: Master's degree in kinesiology, physical education, exercise science, education with an emphasis in physical education, kinesiology, physiology of exercise, or adaptive physical education OR Bachelor's degree in any of the above AND Master's degree in any life science, dance physiology, health education, recreation administration or physical therapy OR the equivalent.

Textbooks Resources

1. Required Coakley, J. . Sports in Society: Issues and Controversies, 13th ed. McGraw Hill , 2021