

# HSVC C106: CULTURAL COMPETENCE IN HEALTH & SOCIAL SERVICES

Item	Value
Curriculum Committee Approval Date	12/08/2023
Top Code	126000 - Health Professions, Transfer Core Curriculum
Units	3 Total Units
Hours	54 Total Hours (Lecture Hours 54)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)
California State University General Education Breadth (CSU GE-Breadth)	• CSU D Soc Politic Econ Inst (D)

## Course Description

This course examines the political, social, and theoretical perspectives of diverse populations as they relate to health and social services settings. The impact of health status, lifestyle and behavioral patterns, communication styles, socioeconomic status, personal prejudices, ethnic stereotyping, and cultural beliefs on individual and group access to health and social services will be investigated. Emphasis is placed on developing effective strategies to use with diverse populations as well as evaluating the effectiveness of existing health and social service programs. Enrollment Limitation: HLTH C104; students who complete HSVC C106 may not enroll in or receive credit for HLTH C104. Transfer Credit: CSU.

## Course Level Student Learning Outcome(s)

1. Understand the impact of culture on health and social services, including how cultural factors influence access to care, communication with diverse populations, and the provision of culturally sensitive services.
2. Engage effectively with individuals from diverse cultural backgrounds, including the ability to recognize and address cultural biases, adapt communication and service delivery, and demonstrate respect for cultural diversity in a professional context.
3. Develop culturally competent intervention strategies, policies, and programs to improve the overall quality of care and support for diverse populations.

## Course Objectives

- 1. Define relevant terms including culture, race, ethnicity, minority groups, diversity, socioeconomic status, racism, prejudice, stereotyping, and cultural competence.
- 2. Identify characteristics and common health and social service needs of diverse population groups.

- 3. Explain theoretical perspectives relating to how diverse population groups are approached and treated in health and social service settings, and the impact on health outcomes.
- 4. Analyze political and social issues relating to diverse population groups in health and social service settings.
- 5. Identify beliefs, communication styles, socioeconomic status, and lifestyle and behavioral patterns of various cultures and social groups, and how they impact access to health and social services.
- 6. Evaluate existing health and social service program strategies for treating diverse populations, concentrating on the most effective strategies that have evidence-based results.
- 7. Examine both explicit and subtle dynamics of racism, prejudice, and stereotyping, and describe how they impact health and social service policies, utilization, interactions, and health outcomes.
- 8. Assess one's own cultural perspective, personal attitudes, assumptions, and stereotypes, and the potential impact of these on personal and professional interactions.
- 9. Recommend appropriate prevention, intervention, treatment, and empowerment and advocacy strategies in providing health and social services to diverse populations.
- 10. Demonstrate cultural competence practices including critical thinking and problem-solving skills when working with diverse populations.

## Lecture Content

Definitions of relevant terms  
 Characteristics of diverse population groups  
 Common health and social services needs of diverse populations  
 Political issues concerning diverse populations  
 Social issues concerning diverse populations  
 Theoretical perspectives concerning diverse populations  
 Differences in approach and treatment  
 Impacts on health outcomes  
 Morbidity outcomes  
 Mortality outcomes  
 Potential impacts on access to health and social services, policies, utilization, interactions, and health outcomes  
 Beliefs  
 Attitudes  
 Cultural perspective  
 Institutional and environmental racism  
 Prejudices  
 Assumptions and stereotyping  
 Communication styles  
 Socioeconomic status  
 Lifestyle and behavioral patterns  
 Personal assessment  
 Ethnocentrism  
 Personal and professional interactions  
 Empathy  
 Acceptance of diversity  
 Evaluations of prevention, intervention, and treatment programs  
 Current research  
 Credible resources  
 Evidence-based effective strategies  
 Cultural-specific strategies and services  
 Networking  
 Cultural competence practices  
 Prevention  
 Intervention  
 Treatment  
 Advocacy  
 Empowerment  
 Critical thinking skills  
 Problem-solving skills

## Method(s) of Instruction

- Lecture (02)
- DE Live Online Lecture (02S)
- DE Online Lecture (02X)

## Instructional Techniques

A variety of instructional techniques will be employed to encompass different student learning styles. These may include, but are not limited to, lecture, discussion, and small-group activities. Instruction will be supplemented, where appropriate, by PowerPoint presentations and electronic resources and technologies.

## **Reading Assignments**

Textbook and research article readings supplemented by ancillary web resources.

## **Writing Assignments**

Students will complete a written assignments and discussion board posts to apply concepts related to cultural competency.

## **Out-of-class Assignments**

Outside of the classroom, students will do the required reading, study for quizzes and exams, and conduct research, where applicable, to prepare papers, essays and/or assessment plans.

## **Demonstration of Critical Thinking**

discussions, video analysis, projects, discussion forums

## **Required Writing, Problem Solving, Skills Demonstration**

research paper, discussion forums, assessment plans

## **Eligible Disciplines**

Ethnic studies: Master's degree in the ethnic studies field OR a master's degree in American studies/ethnicity, Latino studies, La Raza Studies, Central American studies, Latin American studies, cross cultural studies, race and ethnic relations, Asian-American studies, or African-American studies OR the equivalent OR see interdisciplinary studies. Master's degree required. Health: Master's degree in health science, health education, biology, nursing, physical education, kinesiology, exercise science, dietetics, or nutrition OR bachelor's degree in any of the above AND master's degree in public health, or any biological science OR the equivalent. Master's degree required. Psychology: Master's degree in psychology OR bachelor's degree in psychology AND master's degree in counseling, sociology, statistics, neuroscience, or social work OR the equivalent. Master's degree required. Sociology: Master's degree in sociology OR bachelor's degree in sociology AND master's degree in anthropology, any ethnic studies, social work, or psychology OR the equivalent. Master's degree required.

## **Textbooks Resources**

1. Required Dreachslin, J.; Gilbert, M.; Malone, B.. Diversity and Cultural Competence in Health Care, ed. San Francisco : Jossey-Bass, 2013  
Rationale: Legacy Legacy Textbook Transfer Data: Legacy text

## **Other Resources**

1. Coastline Library