

# ETHS G167: PSYCHOLOGY OF RACISM AND OPPRESSION

Item	Value
Curriculum Committee Approval Date	02/02/2021
Top Code	220300 - Ethnic Studies
Units	3 Total Units
Hours	54 Total Hours (Lecture Hours 54)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)
Local General Education (GE)	<ul style="list-style-type: none"> <li>• Area 4 Social and Behavioral Sciences (GD)</li> <li>• Area 7E Lifelong Understanding and Self-Development (GE)</li> </ul>
Diversity Requirement (GCD)	Yes
California General Education Transfer Curriculum (Cal-GETC)	<ul style="list-style-type: none"> <li>• Cal-GETC 4 Social &amp; Behavioral Sciences (4)</li> </ul>
Intersegmental General Education Transfer Curriculum (IGETC)	<ul style="list-style-type: none"> <li>• IGETC 4 Social&amp;Behavioral Sci (4)</li> <li>• IGETC 7 Ethnic Studies (7)</li> </ul>
California State University General Education Breadth (CSU GE-Breadth)	<ul style="list-style-type: none"> <li>• CSU D9 Psychology (D9)</li> <li>• CSU F Ethnic Studies (F)</li> </ul>

## Course Description

This course is identical to PSYC G167. This course examines psychological theory, research and impact of racism, oppression, prejudice, and discrimination. It explores the underpinnings of oppression, racialization, and racism as well as the psychological and sociocultural effects of lived experiences of the four core racialized groups: African Americans, Asian Americans, Native Americans, and Latinx Americans. It investigates triggers of prejudice and the complex psychological patterns among majority and nonmajority groups. Students also learn about current movements of equity and resistance as they relate to the psychological impact experienced by communities of color. Enrollment Limitation: PSYC G167; students who complete ETHS G167 may not enroll in or receive credit for PSYC G167. ADVISORY: PSYC C1000. Transfer Credit: CSU; UC.

## Course Level Student Learning Outcome(s)

1. Course Outcomes
2. Describe concepts such as race and racism, racialization, ethnicity, equity, ethno-centrism, eurocentrism, white supremacy, self-determination, liberation, racial reconciliation, and anti-racism.
3. Apply psychological theory and research of oppression and racism to the lived experiences of the four core racialized groups: Native

Americans, African Americans, Latinx Americans, and Asian Americans.

4. Consider the socio-cultural effects of struggle, resistance, social justice, and liberation on majority and non majority groups as these impact both the individual and the community.

## Course Objectives

- 1. Articulate relevant concepts of oppression and discrimination including prejudice, race and racism, ethnicity, equity, eurocentrism, white supremacy, and antiracism.
- 2. Apply theory and research produced by Native Americans, African Americans, Asian Americans, and Latinx Americans in Psychology.
- 3. Assess the value of antiracist and racial reconciliation movements on individual and community experiences.
- 4. Describe the psychological impact of building a just and equitable society.
- 5. Critically analyze the psychology involved in the intersection of race and racism as they relate to class, gender, religion, spirituality, national origin, immigration status, ability, tribal citizenship, language, and age in Native American, African American, Asian American, and Latinx American communities.
- 6. Compare and contrast the history of psychological research concerning discrimination and oppression.

## Lecture Content

The Language of Oppression and Discrimination Race, racism, and racialization Ethnicity and culture Equity and privilege Ethnocentrism and eurocentrism White supremacy and self-determination Decolonization, sovereignty, imperialism, and settler colonialism Antiracism and racial reconciliation Oppression, discrimination, and prejudice Stereotyping, Prejudice, and Discrimination Targets of Prejudice Race Gender Sexual orientation Age Class Religion Prejudice of Racialized Groups Native Americans African Americans Asian Americans Latinx Americans The intersection of race and racism with Class Gender Sexuality Religion Immigration Status Ability Language National Origin Psychological Theories of Prejudice and Discrimination Scientific Racism Psychodynamic Theory Sociocultural Theory Intergroup Relations Theory Cognitive Theory Evolutionary Theory Developmental Theory Racial Identity Theories Historical and Contemporary Theories of Oppression Interpersonal Institutional Internalized Social Psychological Theories of Oppression Why it exists. Why it persists. Social power of oppression Institutional Racism and Oppression Psychological Implications of Oppression Psychological effects of racism On oppressed groups Social Stigma and Self-Esteem Stereotype Threat Stress and Mental Health Cultural Conceptualizations of Self On oppressing groups Social Dominance Orientation Psychological Factors contributing to ethnocentrism and intergroup attitudes Relationship between Prejudice, Personality, and Self-Esteem Racialized trauma How Psychologists Study Prejudice and Racism Early perspective in stereotyping research Methods and Designs Psycho-historical analysis of racial/ethnic groups Native Americans African Americans Asian Americans Latinx Americans Reducing Prejudice and Discrimination Antiracist movements and practices Social justice movements Racial Reconciliation Building an equitable society Self Regulation and Cognitive Override Contact Hypothesis and Intergroup Contact Examining contributions to Psychology Native Americans African Americans Asian Americans Latinx Americans

## Method(s) of Instruction

- Lecture (02)
- DE Live Online Lecture (02S)
- DE Online Lecture (02X)

New York: Routledge, 2016 4. Required Jackson, L.. The Psychology of Prejudice: From Attitudes to Social Action, 2nd ed. American Psychological Association, 2019

## Instructional Techniques

Lecture and discussion regarding reading materials and research. In-class group work to apply, discuss, and explore course concepts. Writing assignments evaluating additional materials and contemporary research. Out of class assignments to apply course concepts.

## Reading Assignments

Assigned readings from the text. Additional articles and handouts assigned by the instructor.

## Writing Assignments

Analytical essays applying Sociocultural concepts to concrete examples. Papers critically analyzing published research reports and articles related to racism and oppression. Essay exam questions on exams. Reflective essays highlighting personal experiences and biases. In class writing assignments, both individual and in group work. Reflective and summary essays for attended antiracist events

## Out-of-class Assignments

Instructor may assign activities which ask students to do research and explore contemporary issues. Instructor may assign community service projects that actively engage students with anti-racist movements.

Instructor may assign students outside of class attendance to events such as talks, panels, speakers, conferences or other kinds of discussions with community members involved in antiracist movements.

## Demonstration of Critical Thinking

Objective quizzes will measure understanding of textbook and ancillary course topics. Analysis essay questions on exams. Students will read and evaluate psychological research reports. Assignments involving critical analysis of principles and theories surrounding discrimination and racism.

## Required Writing, Problem Solving, Skills Demonstration

Students will write reports and longer papers analyzing psychological principles and theories relevant to the course work. Students will evaluate the appropriateness of psychological applications to social problems. Students will write an APA style paper.

## Eligible Disciplines

Ethnic studies: Master's degree in the ethnic studies field OR a master's degree in American studies/ethnicity, Latino studies, La Raza Studies, Central American studies, Latin American studies, cross cultural studies, race and ethnic relations, Asian-American studies, or African-American studies OR the equivalent OR see interdisciplinary studies. Master's degree required. Psychology: Master's degree in psychology OR bachelor's degree in psychology AND master's degree in counseling, sociology, statistics, neuroscience, or social work OR the equivalent. Master's degree required.

## Textbooks Resources

1. Required David, E.J.R, Derthick, A. O.. The Psychology of Oppression, ed. New York: Springer Publishing, 2018 2. Required Kendi, I.X.. How to be and AntiRacist, ed. New York: Random House, 2019 3. Required Whitely, B. E., Kite, M.E. . The Psychology of Prejudice and Discrimination, 3 ed.