

EMGT C140: CRISIS RESPONSE FOR RESPONDERS (CRR)

Item	Value
Curriculum Committee Approval Date	11/21/2008
Top Code	210530 - Industrial and Transportation Security
Units	3 Total Units
Hours	54 Total Hours (Lecture Hours 54)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)

Course Description

A continuation of the concepts learned from the courses of Emergency Response and Recovery. Students are introduced to methods of debrief as well as recognizing the symptoms of critical incident stress. Additionally, students are introduced to giving practical suggestions to people in need and engaging the community in addressing their own needs. Transfer Credit: CSU.

Course Level Student Learning Outcome(s)

1. Given a disaster case study, prepare a comprehensive debrief checklist for emergency responders that incorporate a comprehensive after-action follow-up plan.
2. Given a tabletop exercise, recognize the types of psychological and physical symptoms that can negatively impact the first responder and identify appropriate referrals.

Course Objectives

- 1. Recognize the type of stressors experienced by first responders and community members at emergency and/or disaster sites.
- 2. Describe the stress cycle and the common stress reactions at critical incidents.
- 3. Explain strategies for preventing and mitigating stress for managers and line workers before, during, and after disasters.
- 4. Discuss Post Traumatic Stress Disorder (PTSD) risk factors, symptomatology, and effective methods of treating PTSD.
- 5. Outline effective techniques to deal with critical incident stress following an incident.
- 6. List models of critical incident debriefing services.
- 7. Describe the types of natural, technological, and man-made disaster events that could lead to social unrest and community fear.
- 8. Explain the function of service delivery sites in critical incident management.

- 9. Examine the work of crisis response teams and their importance in emergency field response.

Lecture Content

Understanding Critical Incident Stress for Responders Critical incidents Post-traumatic stress disorder Impact of critical incident stress on responders Case study Local State Analysis Impact of disaster Fear Educating community Resources available Dealing with critical incident stress following the incident Immediate support Debrief both community and responders Follow-up Models of debriefing services General debriefing guidelines Conducting effective debriefings Contact and engagement of community Practical exercise Guest speaker Practical application in group Overview of Incidents Terrorism Natural disaster Event Operational Debriefing Overview Applicability Exercise Critical Incident Stress Debriefing Overview Applicability Exercise Service Delivery Sites Community outreach teams Phone Banks/Hotlines Family assistance centers Crisis Response Teams Formulation of teams in community Training courses Requirements Volunteers Providing debrief counseling to first responders Formulation of teams in field Overview of trauma to first responders

Method(s) of Instruction

- Lecture (02)
- DE Online Lecture (02X)

Instructional Techniques

This course may be taught using multiple methods of support including classroom, video, audio, multi-media, and online strategies. Strategies may include lectures; cooperative learning groups; written homework assignments; self-paced independent study using textbooks, video lessons, audio segments, demonstrations or discussions; simulations; role playing; case studies; problem-solving exercises; debates; presentations by students to software or online systems; presentations to the instructor or to other students; research projects; and journal reflections.

Reading Assignments

Reading assignments including but not limited to textbooks, professional journals, magazines, and newspaper articles.

Writing Assignments

Short essay assignments

Out-of-class Assignments

Assignments requiring the student to demonstrate quantitative/qualitative research skills.

Demonstration of Critical Thinking

Written/oral assignments requiring the student to demonstrate analytical problem-solving skills.

Required Writing, Problem Solving, Skills Demonstration

All lessons and class projects require the use of a logical approach in identifying the problem and obtaining the information to assist in problem solving following an incident. Three hands-on projects and the Final Exam.

Eligible Disciplines

Industrial safety: Any bachelor's degree and two years of professional experience, or any associate degree and six years of professional experience.

Textbooks Resources

1. Required Doherty, G.W. Crisis Intervention Training for Disaster Workers, 1st ed. Laramie: Loving Healing Press, 2011 Rationale: - Legacy Textbook Transfer Data: Legacy text

Other Resources

1. Coastline Library 2. Access to Internet either in a Coastline Community College Lab or outside the college. For Classroom based class and Hybrid Class, a minimum of 2 gigabyte USB memory stick. 3. Assigned articles, Internet research and class hand-outs.