

DANC G213: BALLROOM DANCE 4 - ADVANCED

Item	Value
Curriculum Committee Approval Date	12/01/2020
Top Code	100800 - Dance
Units	1 Total Units
Hours	36 Total Hours (Lecture Hours 9; Lab Hours 27)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)
Local General Education (GE)	• Area 7E Lifelong Understanding and Self-Development (GE)

Course Description

This course will further the study of ballroom dance begun in previous levels of ballroom dance instruction with emphasis on the complex structure and styles of advanced level ballroom dancing. This course will cover footwork, variations, styling, rhythm, timing, lead-follow, and dance characteristics of the advanced level dance styles taught. The advanced level ballroom dance styles to be demonstrated and taught may include but are not limited to Fox Trot, Waltz, Cha Cha, Tango, Swing, Polka, Salsa, Country, Two Step, Cajun, and Hustle. PREREQUISITE: DANC G212 or instructor permission. Transfer Credit: CSU.

Course Level Student Learning Outcome(s)

1. Course Outcomes
2. Demonstrate advanced patterns of selected ballroom dances through dance participation and execution.
3. Demonstrate varied styles and characteristics of ballroom dances at an advanced level.
4. Describe and evaluate the role of advanced level ballroom dance in American culture with an emphasis on psychological, physiological and social concepts.

Course Objectives

- 1. Identify and perform a favorite ballroom dance employing partnership skills including lead and follow, line-of-dance travel and elements of spot dancing with emphasis on choreography and staging at an advanced level of execution.
- 2. Employ appropriate music and demonstrate variations of rhythm and timing for a variety of ballroom dances at an advanced level
- 3. Actively demonstrate endurance, physical coordination and social confidence in the performance of advanced level ballroom dances with a partner in a social setting.
- 4. Identify and evaluate the role of social dance in American and world cultures at an advanced level.

Lecture Content

Ballroom dance history, dances and important figures History Dances Waltz Viennese Waltz Foxtrot Swing Quickstep Samba Cha-Cha Rumba Salsa Paso Doble Tango Jive Mambo Bolero Lindy Merengue Polka Leading Artists Artists previously studied Kim Johnson Edyta Sliwinska Charlotte Jorgensen Contemporary Ballroom dancers Music for advanced-level ballroom dances Relating music to specific dances Tempos for the specific dance rhythms Tempo/beats per measure (bpm) for the specific dance Music phrasing required for advanced-level dancing Styles and styling Body styling Foot styling Syncopated/double time movement Half-time movement Performance qualities Focus Expression Dynamics Coordination Basic Ballroom dance choreography

Lab Content

Advanced-level ballroom dances Five-to-seven ballroom dances Warm-up with dance rhythms related to the dances taught, as applicable Basics of the dances One or more advanced level variations per dance Characteristic style of the various dances taught Dance characteristics as related to traveling or spot dancing Variety/specialty social dances that may be partner, solo, or group Techniques of advanced-level ballroom dancing Body posture Weight distribution and balance Foot positions Partner connection Lead/follow Body movement/flight Spins, pivots, and turns Principles of ballroom dance choreography Principles of ballroom dance rehearsal

Method(s) of Instruction

- Lecture (02)
- Lab (04)

Reading Assignments

Instructor handouts: Ballroom dance terminology and vocabulary Handouts prepared by instructor.

Writing Assignments

Attendance at live ballroom dance concert performances or competitions for the purpose of critical evaluation.

Out-of-class Assignments

Attend other ballroom dance classes in the community for extra credit. Analysis and critiques of visual materials (video, DVD, digital, online) as assigned. Attendance at live ballroom dance concert performances or competitions for the purpose of critical evaluation.

Demonstration of Critical Thinking

Class demonstration on the learned techniques Periodic tests on learned ballroom dance routines Written tests on ballroom dance terminology and leading ballroom dance personalities

Required Writing, Problem Solving, Skills Demonstration

Students will identify ballroom dances appropriate to specific musical examples at an advanced level Students will demonstrate ballroom dance steps, patterns, and counts at an advanced level Attendance at live ballroom dance concert performances or competitions for the purpose of critical evaluation.

Eligible Disciplines

Dance: Master's degree in dance, physical education with a dance emphasis, or theater with dance emphasis, OR bachelor's degree in any

of the above AND master's degree in physical education, any life science, physiology, theater arts, kinesiology, humanities, performing arts, or music OR the equivalent. Master's degree required.

Other Resources

1. Subject matter handouts from instructor Appropriate ballroom dancewear and shoes Optional digital and/or online recordings of accompaniments Optional digital and/or online video and audio recordings