

DANC G200: MODERN DANCE 3 - ADVANCED

Item	Value
Curriculum Committee Approval Date	12/01/2020
Top Code	100800 - Dance
Units	2 Total Units
Hours	54 Total Hours (Lecture Hours 27; Lab Hours 27)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)
Local General Education (GE)	• Area 7E Lifelong Understanding and Self-Development (GE)
California State University General Education Breadth (CSU GE-Breadth)	• CSU E2 Activity Course (E2)

Course Description

Formerly: Advanced Modern Dance. Instruction and practice in advanced level modern dance techniques, theory, improvisation and composition. PREREQUISITE: DANC G145 or instructor permission. Transfer Credit: CSU; UC.

Course Level Student Learning Outcome(s)

1. Course Outcomes
2. Recall and perform appropriate modern dance warm-up and stretching exercises at an advanced level.
3. Perform the required technique in modern dance locomotor activities at an advanced level.
4. Move rhythmically and accurately to complex and varied musical accompaniment for modern dance at an advanced level.

Course Objectives

- 1. Demonstrate improved alignment, balance, coordination, strength, flexibility and endurance for modern dance at an advanced level.
- 2. Explain and use theories and elements in modern dance technique, improvisation and composition at an advanced level.
- 3. Demonstrate knowledge of the history and important figures of modern dance in America.
- 4. Develop and use viewing and writing skills to critically evaluate a live modern dance concert experience.

Lecture Content

History of modern dance Origins Modern dance in America Modern dance in the world Leading artists and choreographers Leading historical

modern dance performers Loie Fuller Isadora Duncan Ruth St.Denis and Ted Shawn Doris Humphrey Martha Graham Alwin Nikolais Jose Limon Merce Cunningham Paul Taylor Alvin Ailey Twyla Tharp Contemporary Modern Dance performers teachers and choreographers Mark Morris Trisha Brown Donald McKayle William Forsythe Bill T. Jonmes Bella Lewitsky Jack Cole Kiri Kylian Katherine Dunham Mia Michaels Camille Brown Matthew Bourne Sonya Tayeh Music for modern dance Composers John Cage Philip Glass Musical Instruments Terminology and Vocabulary Performance qualities of a modern dancer Critical evaluation of a modern dance performance

Lab Content

Advanced warm-up technique Standing Neck, back and hamstring stretches Sagittal plane Parallel Turned out Swings of torso and legs Side stretches Frontal : black; Transverse plane Demi and grand pli in positions 1,2,3 Relevés and levés Front of the body (abdominal and thigh) stretches Isolations Head Shoulder girdle Rib cage Hip Arms di-front-family: 'Times New Roman'; color: black; Ankles Leg lifts front, side and back Advanced warm-up technique On the floor Seated torso and neck stretches Axial circles Hip socket rotation exercises Back flexibility stretches Abdominal and back strengthening exercises Flex and stretch of legs and ankles in supine position Second position (wide stride) and split stretches Combinations of movements on the floor Falls Body rolls Shoulder stands Shoulder rolls Sit spins Advanced locomotor combinations moving through space Walk : 'Times New Roman'; mso-bidi-font-family: 'Times New Roman'; color: black; Hop Skip Run Slide Gallop Leap Jump Turn Fall Roll Advanced modern dance theories and elements Motion Body parts Jointal action Momentum Space Levels Direction Plane Peripheral Volume erdana',sans-serif; mso-fareast-font-family: 'Times New Roman'; mso-bidi-font-family: 'Times New Roman'; color: black; Time Metered Unmetered Shape Static In motion Design principles Solo Group relationships Energy ly: 'Times New Roman'; mso-bidi-font-family: 'Times New Roman'; color: black; Percussive Sustained Staccato Suspension Swing Vibratory Principals of modern dance choreography

Method(s) of Instruction

- Lecture (02)
- DE Live Online Lecture (02S)
- DE Online Lecture (02X)
- Lab (04)
- DE Live Online Lab (04S)
- DE Online Lab (04X)

Reading Assignments

Instructor provided handouts

Writing Assignments

Analysis and critiques of visual materials (video, DVD, digital, online) as assigned Attendance at live modern dance concert for the purpose of written critical evaluation

Out-of-class Assignments

Analysis and critiques of visual materials (video, DVD, digital, online) as assigned Attendance at live modern dance concert for the purpose of written critical evaluation

Demonstration of Critical Thinking

Preparation of individual and group choreography and improvisation at an advanced level

Required Writing, Problem Solving, Skills Demonstration

Analysis and written critiques of visual materials (video, DVD, digital, online) as assigned Attendance at live modern dance concert for the purpose of written critical evaluation Skills demonstration and/or written tests given during semester on learned movement skills

Eligible Disciplines

Dance: Master's degree in dance, physical education with a dance emphasis, or theater with dance emphasis, OR bachelor's degree in any of the above AND master's degree in physical education, any life science, physiology, theater arts, kinesiology, humanities, performing arts, or music OR the equivalent. Master's degree required.

Other Resources

1. Instructor provided handouts Dancewear and/or leotard and tights without feet Optional digital and/or online recordings of accompaniments Optional digital and/or online video and audio recordings