

DANC G155: BALLET 2 - INTERMEDIATE

Item	Value
Curriculum Committee Approval Date	11/17/2020
Top Code	100800 - Dance
Units	2 Total Units
Hours	54 Total Hours (Lecture Hours 27; Lab Hours 27)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)
Local General Education (GE)	• Area 7E Lifelong Understanding and Self-Development (GE)

Course Description

Formerly: Intermediate Ballet. Instruction and practice in intermediate ballet techniques. Classroom participation in barre work, complex centre practice and intermediate adagio and allegro ballet combinations. PREREQUISITE: DANC G120 or instructor permission. Transfer Credit: CSU; UC.

Course Level Student Learning Outcome(s)

1. Course Outcomes
2. Perform ballet barre exercises with clarity and precision at an intermediate level.
3. Demonstrate and perform ballet exercises, combinations and/or excerpts with grace, strength, flexibility, and endurance at an intermediate level.
4. Perform intermediate level ballet adagio and allegro centre floor combinations

Course Objectives

- 1. Use intermediate level ballet dance terminology and vocabulary.
- 2. Perform ballet turns with intermediate level strength and form.
- 3. Identify the historical foundations of ballet to include noteworthy dance personalities and famous ballet companies.
- 4. Demonstrate critical thinking to evaluate a live ballet dance concert performance.
- 5. Use ballet techniques and vocabulary to create ballet choreography at a beginning level.

Lecture Content

Proper intermediate ballet techniques Vocabulary of ballet terms in French Exercises and combinations at intermediate level Barre Pli s Tendu Battement Rond de jambe Developp Port de bras Centre-floor

Adagio and Allegro Relev s Arabesque Attitude Chass Pirouette Chaine Jet Saute Reverence Qualities of ballet performance Principles of ballet choreography at beginning level Techniques of ballet choreography at beginning level History of ballet French Russian Danish Italian British American Introduction to important historic figures in ballet Companies Ballet Russe de Monte Carlo Bolshoi Ballet Royal Ballet American Ballet Theater New York City Ballet Joffrey Ballet Danseurs: Nijinsky Rudolf Nureyev Mikhail Baryshnikov Anthony Dowell Edward Villella, Arthur Mitchell, Jacques d'Amboise Ballerinas: Anna Pavlova Margot Fontyn Maya Plisetskaya Maria Tallchief Alicia Alonso Natalia Makarova Suzanne Farrell Cynthia Gregory Gelsey Kirkland Misty Copland

Lab Content

Ballet warm-up exercises Head, shoulder, arm and ankle circles Side bends Flex-point combinations Hamstring stretches Combination of the above Intermediate ballet barre work Plie-grand and demi Plie in all positions of the feet while coordinating arms, head, and neck Battement tendu-changing the tempo and accents Battement degage Battement frappe Rond de jambe a terre en dehors and en dedans plus en l'air Peitit Battement-double and triple beats Fondu Balancoire and developpe combined Grand Battement Intermediate exercises in the centre Port de bras Body positions Croise devant A la quatrieme evant Ecarte Efface Epaula A la seconde A la quatrieme derriere Crois derriere Intermediate combinations of the above Adagio movement Plie Releve Glissade Elonge Retire Soutenue Allegro movement Changement Echappe Assemble Glissade Passe Chasse Flick-flac Soubresaut Coupe Ciseaux Cecchetti changement Balance Jete Pas de basque Cabriole Foutte Pique turn Emboite Temps de fleche Temps de croise Tombe Brise Intermediate level movements Chaine Pique turns Tour jete Grand foutte Bourr e Intermediate level centre jumps Entrechat-quatre Royale Ballonne Ballotte Grand reverence

Method(s) of Instruction

- Lecture (02)
- DE Live Online Lecture (02S)
- DE Online Lecture (02X)
- Lab (04)
- DE Live Online Lab (04S)
- DE Online Lab (04X)

Reading Assignments

Instructor provided handouts.

Writing Assignments

Analysis of digital visual materials as assigned. Attendance at a live ballet dance concert for the purpose of written critical evaluation. Skills demonstration and/or written tests given during semester on learned movement skills.

Out-of-class Assignments

Analysis of digital visual materials as assigned. Attendance at a live ballet dance concert for the purpose of written critical evaluation.

Demonstration of Critical Thinking

Analysis of written materials (books, digital, online) as assigned. Attendance at a live ballet dance concert for the purpose of written critical evaluation. Identification and definition of ballet terminology and vocabulary.

Required Writing, Problem Solving, Skills Demonstration

Skills demonstration and examinations of ballet barre techniques, centre floor adagio and allegro. Skills demonstration on learned movement combinations as part of course examinations. Written quizzes on ballet terminology and vocabulary. Analysis of written materials (books, digital, online) as assigned. Attendance at a live ballet dance concert for the purpose of written critical evaluation.

Eligible Disciplines

Dance: Master's degree in dance, physical education with a dance emphasis, or theater with dance emphasis, OR bachelor's degree in any of the above AND master's degree in physical education, any life science, physiology, theater arts, kinesiology, humanities, performing arts, or music OR the equivalent. Master's degree required.

Textbooks Resources

1. Required Sandra Hammond. Ballet: Beyond the Basics, ed. unknown
Classic textbook., 1987 Rationale: This is a classic textbook.

Other Resources

1. Instructor provided handouts
Black Dancewear and/or Leotard, black or pink tights or leggings, ballet shoes.
Optional digital and/or online recordings of accompaniments.
Optional digital and/or online video and audio recordings.