

DANC G112: BALLROOM DANCE

Item	Value
Curriculum Committee Approval Date	05/07/2019
Top Code	100800 - Dance
Units	1 Total Units
Hours	36 Total Hours (Lecture Hours 9; Lab Hours 27)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)
Local General Education (GE)	• Area 7E Lifelong Understanding and Self-Development (GE)

Course Description

A course designed to acquaint students with the fundamentals and various styles of ballroom dancing. There will be an introduction and overview to smooth, Latin, swing, and various dances. The basics and variations of dances to be taught may include but are not limited to Fox Trot, Waltz, Cha Cha, Tango, Swing, Polka, Salsa, Country, Two Step, Cajun, and Hustle. The course overview is intended to cover the basic footwork, variations, styling, rhythm, timing, lead-follow, and dance characteristics of the dances taught. Transfer Credit: CSU; UC.

Course Level Student Learning Outcome(s)

1. Course Outcomes
2. Demonstrate the the basic patterns of selected dances through dance participation.
3. Describe and demonstrate different styles and characteristics of ballroom dances.
4. Recognize and evaluate the role of social dancing in American culture.

Course Objectives

- 1. Identify and apply basic patterns of selected dances through dance participation at an introductory level.
- 2. Demonstrate the basic patterns of a partnership through lead and follow at an introductory level.
- 3. Select and describe a favorite ballroom dance of those taught at an introductory level.
- 4. Recognize and identify the concepts of line-of-dance travel and spot dancing as a particular dance requires at an introductory level.
- 5. Illustrate different ballroom dance styles and characteristics at an introductory level.
- 6. Differentiate and provide examples of music, rhythm and timing for a variety of dances at an introductory level.

- 7. Employ endurance and physical coordination through dance practice at an introductory level.
- 8. Demonstrate psychological and social confidence combined with the performance of ballroom dance in a social setting at an introductory level.

Lecture Content

Music introduction/identification for the dances will be explained and may include: Relating music to the specific dance Tempos for the specific dance rhythms Tempo/beats per measure (bpm) for the specific dance Music phrasing Styling will include explanation(s), as appropriate, of the following: Body styling Foot styling Syncopated/double-time movement Half-time movement

Lab Content

A minimum of seven dances will be introduced over the semester to include: Basics of the dances One or more variations per dance The characteristic style of the various dances taught Dance characteristics as related to traveling or spot dancing Warm-up with dance rhythms related to the dances taught, as applicable Variety/specialty social dances that may be partner, solo, or group Techniques of dancing will include explanation(s) of: Body posture Weight distribution and balance Foot positions Partner connection and lead/follow Body movement/flight Spins, pivots, and turns

Method(s) of Instruction

- Lecture (02)
- Lab (04)

Reading Assignments

Handouts prepared by the instructor.

Writing Assignments

Students will identify dances appropriate to specific musical examples at an introductory level

Out-of-class Assignments

Attend live dance concerts and productions, show evidence of attendance and submit written critique for the purpose of evaluation. Extra credit viewing of dance videos, films and live performances with written critique for the purpose of evaluation.

Demonstration of Critical Thinking

While dancing, students will demonstrate introductory-level knowledge of: Dance steps and direction of each dance Dance appropriate for specific music General styling movement of each dance

Required Writing, Problem Solving, Skills Demonstration

Students will identify dances appropriate to specific musical examples at an introductory level. Students will demonstrate dance steps, patterns, and counts at an introductory level.

Eligible Disciplines

Dance: Master's degree in dance, physical education with a dance emphasis, or theater with dance emphasis, OR bachelor's degree in any of the above AND master's degree in physical education, any life science, physiology, theater arts, kinesiology, humanities, performing arts, or music OR the equivalent. Master's degree required.

Other Resources

1. Subject matter handouts from instructor 2. Appropriate ballroom dancewear and shoes 3. Optional digital and/or online recordings of accompaniments 4. Optional digital and/or online video and audio recordings