

# DANC A269: HIP HOP 4

Item	Value
Curriculum Committee Approval Date	09/18/2024
Top Code	100810 - Commercial Dance
Units	1 Total Units
Hours	36 Total Hours (Lecture Hours 9; Lab Hours 27)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)

## Course Description

Instruction in the movement vocabulary and technical skills that are needed for the dance style known as Hip-Hop. This course will focus on further developing the understanding of movement vocabulary, dynamics, performance techniques, and choreographic principals related to the dance style known as Hip-Hop. The course will focus on developing individual style and integrating personal and artistic phrasing and expression within the Hip Hop genre of dance. Instruction is at the advanced level. Transfer Credit: CSU; UC.

## Course Level Student Learning Outcome(s)

1. Demonstrate an ability to improvise (free-style) in various Street Dance and commercial Hip Hop genres at an advanced level.
2. Perform movements at an advanced level with intention, expression, focus, dynamics, and musicality.

## Course Objectives

- 1. Understand warm-up techniques and conditioning for entire body strengthening in preparation of performing and executing choreography.
- 2. Demonstrate improved isolations with more intricate syncopated rhythms.
- 3. Execute a greater knowledge of the dynamics found in the Hip-Hop style of dance through various choreographic combinations emphasizing multiple, intricate dynamic changes.
- 4. Further develop ones own personal style as a tool to improve performance within relation to the Hip Hop genre of dance.
- 5. Development of critical thinking skills and expansion of dance vocabulary by observations, critiques, and analysis of various Hip Hop dance works.
- 6. Develop a greater knowledge of improvisation/freestyle and its importance within the Hip Hop style of dance.
- 7. Further expansion of the knowledge of the evolution and history of Hip Hop dance and Hip Hop culture.

## Lecture Content

Lecture: Review studio etiquette and discipline Discuss proper execution of warm-up and conditioning exercises, as well as how they apply to the execution of Hip Hop dance choreography Review the importance and effect of energy qualities and variations of dynamics within Hip Hop choreography. Review the importance and effect of syncopated rhythms and musicality in the Hip Hop style of dance. Discuss the importance of grooving within the Hip Hop genre of dance. Discuss the importance of performance and intention, in its relation to fully executing Hip Hop dance choreography at an advanced level. Review the use of re-sequencing in choreography. Discuss the importance of improvisation/free-styling within the Hip Hop style of dance, and its importance in creating choreographic combinations. Discussion of how class elements relate to a professional dance setting, as well as giving students a basic understanding of audition preparation within the Hip Hop genre of dance.

## Lab Content

Work on proper warm-up techniques and conditioning (flexibility, upper and lower body strength in preparation for execution of choreography) Work on isolations- introduce more intricate syncopated isolations. Work on grooves as a foundation for the understanding of musicality and rhythm. Work on advanced Hip Hop choreography sequences and retention of longer more intricate sequences. Work on manipulation of rhythms and musicality within a choreographic sequence. Work on dynamics as they pertain to choreography by using more advanced exercises to further understand movement qualities (levels, textures, rhythm, size, etc.) Work on the concept of freestyling/ improvisation being used to create an original phrase. Work on personal choice making within a choreographic combination to enhance performance. Continuation of the study and evolution of Hip Hop Dance, as well as focusing on the study of Hip Hop dance with in the commercial dance world.

## Method(s) of Instruction

- Lecture (02)
- Lab (04)

## Instructional Techniques

Lecture, demonstration, written assignments, film/video, and hands-on corrections. The instructor will use the following methodologies: Lecture and class discussion of varied current topics in dance, visual demonstration of exercises, combinations and choreography, individual and group verbal and physical corrections, analysis of movement mechanics and movement intention, style and quality, and assignments for creative expression and critical thinking.

## Reading Assignments

Handouts provided by instructor, online articles. 4 hours

## Writing Assignments

Critique paper on viewed dance performances. 4hours

## Out-of-class Assignments

Practice all vocabulary as well as combinations, exercises and choreography studied in class. Assessment and critique of current hip hop work, utilizing vocabulary and terminology learned in class. Attend Faculty, Student, and or professional dance concert. 8 hours

## Demonstration of Critical Thinking

Dance Critique and self-evaluation report.

## **Required Writing, Problem Solving, Skills Demonstration**

Dance Critique, choreograph short phrases, skills tests.

## **Eligible Disciplines**

Dance: Master's degree in dance, physical education with a dance emphasis, or theater with dance emphasis, OR bachelor's degree in any of the above AND master's degree in physical education, any life science, physiology, theater arts, kinesiology, humanities, performing arts, or music OR the equivalent. Master's degree required.

## **Other Resources**

1. Handouts provided by Instructor. Online articles and research.