

# DANC A254: PREPARATION FOR AUDITION - BALLET

Item	Value
Curriculum Committee Approval Date	09/18/2024
Top Code	100810 - Commercial Dance
Units	2 Total Units
Hours	72 Total Hours (Lecture Hours 18; Lab Hours 54)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)
Associate Arts Local General Education (GE)	• Area 3 Arts and Humanities 3B Active Participation (OC2) • Area 7 Life Skills, Lifelong Learning, and Self-Development 7B Activity (OE2)
Associate Science Local General Education (GE)	• Area 3A Arts (OSC1)
California State University General Education Breadth (CSU GE-Breadth)	• CSU E2 Activity Course (E2)

## Course Description

An advanced course in classical ballet intended to improve the technique and performance qualities of dance majors who plan on auditioning for university transfer and/or stage performance experience in the professional field. The class guides students who will seek a career in teaching by attention to alignment corrections and use of intricate movement combinations, diverse rhythms and extensive ballet vocabulary. PREREQUISITE: DANC A244 or successful audition. Transfer Credit: CSU. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

## Course Level Student Learning Outcome(s)

1. Identify and define advanced Ballet terminology with an understanding of kinesiology as it relates to Ballet.
2. Demonstrate and perform advanced level Ballet alignment, style, musicality, and technique.
3. Demonstrate, understand, and perform the individual work necessary to successfully audition, transfer, teach and/or dance professionally.

## Course Objectives

- 1. Recall and demonstrate advanced ballet terminology and identify current professional dance companies.
- 2. Improve expression, performance quality, body alignment and understanding of principles of kinesiology.

- 3. Improve audition skills: ability to learn material quickly with accurate shape, timing/rhythm, movement kinetics, style and expression.
- 4. Demonstrate professionalism in personal habits and presentation in order to successfully audition and meet university dance major criteria or professional work.
- 5. Identify and evaluate areas needing personal improvement; set appropriate career and training goals.
- 6. Perform complex phrases and exercises with greater confidence.
- 7. Demonstrate critical thinking and ability to verbalize personal goals, observations of dance performances, artistic concepts and movement principles.

## Lecture Content

Review of advanced ballet concepts and skills Build on advanced ballet vocabulary Current ballet trends and professional companies Alignment and injury prevention topics focused on advanced turns, leaps and jumps Discussion of audition techniques and expectations University, college, professional and teaching opportunities

## Lab Content

Warm-up and conditioning exercises at the advanced level Barre exercises Advanced level vocabulary with attention on performance qualities Focus on alignment during complex movement combinations Use of barre and center work en pointes or demi-pointe Identify and describe new ballet terminology Practice long and complicated ballet combinations with an ability to discuss and explain phrasing and dynamics Center floor patterns Traveling exercises using complex diagonal facings and quick weight shifts Extended adagio: "corps et bras," "renverse," balance, control, musicality, and artistry Extended "Petit allegro": small, fast jumps with beats performed forward and reversed Turns: "Grand pirouettes sautillees," multiple inside and outside turns finishing in open poses, "tour en l'air," arabesque and attitude turns, multiple fouettes in place Rapid directional changes performed en pointe and/or with beats Turns across the floor "Piques, en dehors and endedans," chaines, "fouettes," performed in diagonal and circular paths" Jumps that also turn such as "tour jetes" and "Fouette saute en tournant," with beats Complex patterns and set choreography traveling across floor or around the room Interaction with other dancers Awareness of spacing in lines Ability to stylistically blend with other dancers Understanding and ability to perform complex musical rhythms Development of individual personal style Performance skills Clarity and nuance of ballet shapes and lines Precision in spatial connections Precision in dynamic clarity Musicality Confidence in performing Ability to precisely perform using a wide range of movement qualities Understanding of characterization in choreography

## Method(s) of Instruction

- Lecture (02)
- Lab (04)

## Instructional Techniques

Instructor will use the following methodologies: Lecture and class discussion of varied current topics in dance, visual demonstration of exercises, combinations and choreography, individual and group verbal and physical corrections, analysis of movement mechanics and movement intention, style and quality, and assignments for creative expression and critical thinking.

## **Reading Assignments**

articles or assigned text. 15 minutes (0.25 hours) per week.

## **Writing Assignments**

Self-evaluation of video taped skill tests with identification of student dance goals; Paper and/or class analysis of choreography viewed in live performance 15 minutes (0.25 hours) per week.

## **Out-of-class Assignments**

Attendance of faculty and student dance concerts and professional ballet dance concerts; outside rehearsals 30 minutes (0.5 hours) per week.

## **Demonstration of Critical Thinking**

Exams, critiques, vocabulary tests.

## **Required Writing, Problem Solving, Skills Demonstration**

Exams, critiques, vocabulary tests, skills tests.

## **Eligible Disciplines**

Dance: Master's degree in dance, physical education with a dance emphasis, or theater with dance emphasis, OR bachelor's degree in any of the above AND master's degree in physical education, any life science, physiology, theater arts, kinesiology, humanities, performing arts, or music OR the equivalent. Master's degree required.

## **Textbooks Resources**

1. Required Warren, G.W.. Classical Ballet Technique, latest ed. Miami: University Press of Florida, 1989 Rationale: .

## **Other Resources**

1. Handouts to be provided and distributed by the instructor.