

DANC A210: DANCE METHODOLOGY

Item	Value
Curriculum Committee Approval Date	02/26/2025
Top Code	100810 - Commercial Dance
Units	3 Total Units
Hours	54 Total Hours (Lecture Hours 54)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S)
Associate Arts Local General Education (GE)	<ul style="list-style-type: none"> Area 7 Life Skills, Lifelong Learning, and Self-Development 7B Activity (OE2)

Course Description

Designed for dance students to learn how to teach classes in dance technique and creative movement for adults or youth in a variety of settings. ADVISORY: DANC A150 or DANC A160; Intermediate to advanced level skills in dance technique (either modern dance, jazz or ballet). Transfer Credit: CSU.

Course Level Student Learning Outcome(s)

1. Successfully design and write a lesson plan appropriate for various levels and ages, effectively incorporating dance progressions and two learning modes.
2. Construct dance exercises and phrases in a particular style: Modern dance, Ballet, Contemporary, Tap, Jazz, Hip Hop or World dance forms, understanding correct counting and tempo setting.

Course Objectives

- 1. Understand the correct use of basic movement principles and proper body alignment that are necessary to teach all forms of dance.
- 2. Design exercises that effectively warm up the body and achieve strength, flexibility, and endurance for dance students in a classroom setting.
- 3. Design class lesson plans demonstrating awareness of progression, and building upon principles from center floor exercises to prepare the class for traveling movement combinations.
- 4. Understand rhythm and phrasing in a variety of dance styles as an integral part of teaching dance.
- 5. Understand the ability to evaluate various students' skills, experience, and mastery of material presented and to modify lesson plans as needed.
- 6. Understand how to lead students in creative improvisational dance exercises that explore space, shape, energy, time, breath, imagery, partnering, and composition reflecting the aspect of creative expression in dance.

- 7. Understand how to effectively communicate the intention and purpose of various class exercises and objectives and give effective, clear direction through individual and group corrections.

Lecture Content

Developing a philosophy of teaching Motivation, exploring various learning and teaching styles, class retention Basic considerations: style of dance, level of class, age of students, proper dress, length of class, time management Developing a lesson plan--class concept supported by effective exercises and progression; adaptability of lesson plan Developing dance exercises to achieve: correct alignment, flexibility, balance, strength and awareness of proper technique Developing exercises for: weight shifts, floor work, turns, jumps, directional changes, focus Designing specific exercises for developing control, coordination, endurance, isolation and body counterpoint Lesson plans that explore space, shape, time, energy/force Understand the use of improvisational movement to enhance dynamics, quality and personal expression Understand the use of music, including setting tempo , awareness of meter, style, instrumentation, how to vary the selection of music to enhance class energy and interest. Learn how to work with an accompanist Syllabus preparation, record keeping Methods for student assessment, individual corrections, positive reinforcement, evaluation, skill tests.

Lab Content

Developing exercises for: weight shifts, floor work, turns, jumps, directional changes, focus strength and awareness of proper technique

Method(s) of Instruction

- Lecture (02)

Instructional Techniques

Lecture and discussion; demonstrations; participation and group practice; observation of experienced teachers; written assignments; skills evaluation; video taping of student teaching.

Reading Assignments

Assigned reading from textbooks and instructor handouts, approximately 2 hours per week.

Writing Assignments

Written lesson plan(s); written observations of various teachers and styles; written modifications and their justification, contraindications, approximately 2 hours per week.

Out-of-class Assignments

Assigned reading, research ,and-off site class observations, approximately 2 hours per week.

Demonstration of Critical Thinking

Participation in class discussions; evaluation of student understanding of preparation/teaching of various exercises and phrases.

Required Writing, Problem Solving, Skills Demonstration

Written observations of teaching methodology of various styles and off-site faculty. Reading assignments; written papers; written lesson plans; written teaching philosophy and syllabi.

Eligible Disciplines

Dance: Master's degree in dance, physical education with a dance emphasis, or theater with dance emphasis, OR bachelor's degree in any of the above AND master's degree in physical education, any life science, physiology, theater arts, kinesiology, humanities, performing arts, or music OR the equivalent. Master's degree required.

Textbooks Resources

1. Required Schlaich, Joan and Betty DuPont. The Art of Teaching Dance Technique, ed. Reston: Princeton Book Co, 2001 Rationale: -