

# DANC A173: JAZZ DANCE BASICS

Item	Value
Curriculum Committee Approval Date	12/08/2021
Top Code	100810 - Commercial Dance
Units	2 Total Units
Hours	72 Total Hours (Lecture Hours 18; Lab Hours 54)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)
Associate Arts Local General Education (GE)	• Area 3 Arts and Humanities 3B Active Participation (OC2) • Area 7 Life Skills, Lifelong Learning, and Self-Development 7B Activity (OE2)
Associate Science Local General Education (GE)	• Area 3A Arts (OSC1)
California State University General Education Breadth (CSU GE-Breadth)	• CSU E2 Activity Course (E2)

## Course Description

A technique course in the study of jazz dance basics. Emphasizes the use of energy, rhythm, body control, alignment, use of weight changes, coordinations and dynamics within a jazz dance movement vocabulary. Instruction at the basic level. Transfer Credit: CSU; UC. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

## Course Level Student Learning Outcome(s)

1. Demonstrate correct principles of alignment and articulation of the spine, feet and legs.
2. Learn and successfully perform basic jazz dance exercises, vocabulary and traveling patterns with accurate rhythm and movement dynamic.
3. Learn and perform a short dance combination with balance, flexibility, directional changes, phrasing and rhythmic accuracy.

## Course Objectives

- 1. Demonstrate proper alignment and technique necessary for further dance study.
- 2. Demonstrate proper classroom etiquette and procedure for further study of dance in general.
- 3. Demonstrate increased strength and flexibility in jazz dance technique.

- 4. Demonstrate improved balance and coordination.
- 5. Demonstrate basic concepts of rhythm and time, space and energy within the jazz dance style.
- 6. Execute a jazz dance warm up including: plies, tendu, degage, fondu, developpe and grand battement and floor exercises with correct placement and body alignment.
- 7. Demonstrate basic jazz dance steps such as pas de bourree, pique, chaine, three step and preparation for inside and outside turns, jazz walk, chasse and basic leaps.
- 8. Practice and perform dance combinations with technical accuracy and performance quality.
- 9. Understand the concept of parallel and turn-out and use it correctly in the warm-up and center combinations.
- 10. Demonstrate full control of body parts isolation and understand the importance this skill carries in Jazz dance technique

## Lecture Content

Lecture Discuss proper body alignment and placement establish and define Jazz dance vocabulary of terms Discuss proper execution of warm-up, center and floor exercises Discuss proper dance studio etiquette and discipline Lab Warm-up exercises: abdominal, exercises for strength and flexibility Shifts of weight: jazz walks, chasses Coordination exercises (arms and legs) Exercises in center floor: alignment, balance, control exercises; preparation for turns; body part isolations Locomotor movements and combinations across the floor Practice new skills incorporated in short movement patterns Basic level jazz dance routines

## Lab Content

Lab Warm-up exercises: abdominal, exercises for strength and flexibility Shifts of weight: jazz walks, chasses Coordination exercises (arms and legs) Exercises in center floor: alignment, balance, control exercises; preparation for turns; body part isolations Locomotor movements and combinations across the floor Practice new skills incorporated in short movement patterns Basic level jazz dance routines

## Method(s) of Instruction

- Lecture (02)
- Lab (04)

## Instructional Techniques

Instructor will use the following methodologies: Lecture and class discussion of varied current topics in dance, visual demonstration of exercises, combinations and choreography, individual and group verbal and physical corrections, analysis of movement mechanics and movement intention, style and quality, and assignments for creative expression and critical thinking.

## Reading Assignments

Magazine articles, internet research and/or assigned text

## Writing Assignments

Written critiques, written notes from reading assignments, class analysis of choreography viewed in professional performances. Self-evaluation of video taped skill tests and/or written test

### **Out-of-class Assignments**

Attendance of Faculty and/or student and professional jazz dance concert. outside rehearsal

### **Demonstration of Critical Thinking**

, written papers on dance concerts, and self-evaluation report

### **Required Writing, Problem Solving, Skills Demonstration**

Skill demonstration test, dance performance

### **Eligible Disciplines**

Dance: Master's degree in dance, physical education with a dance emphasis, or theater with dance emphasis, OR bachelor's degree in any of the above AND master's degree in physical education, any life science, physiology, theater arts, kinesiology, humanities, performing arts, or music OR the equivalent. Master's degree required.

### **Other Resources**

1. Handout provided by instructor, DVD viewing and internet research.