

# DANC A169: HIP-HOP DANCE III

Item	Value
Curriculum Committee Approval Date	09/04/2024
Top Code	100810 - Commercial Dance
Units	1 Total Units
Hours	36 Total Hours (Lecture Hours 9; Lab Hours 27)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)
Associate Arts Local General Education (GE)	• Area 7 Life Skills, Lifelong Learning, and Self-Development 7B Activity (OE2)

## Course Description

Instruction in the movement vocabulary and technical skills that are needed for the dance style known as Hip-Hop. Explores the use of space, energy, rhythm and improvisation while emphasizing body control, alignment, balance, and use of weight changes. This course will focus on further developing the understanding of movement vocabulary, dynamics, performance techniques, and choreographic principles related to the dance style known as Hip-Hop. Instruction is at the intermediate/advanced level. ADVISORY: DANC A149. Transfer Credit: CSU; UC.

## Course Level Student Learning Outcome(s)

1. Demonstrate an ability to improvise (free-style) in various Street Dance /Hip Hop genres at an intermediate/advanced level.
2. Perform movements at an intermediate/ advanced level with intention, expression, focus, dynamics, and musicality.

## Course Objectives

- 1. Understand warm-up techniques and conditioning for entire body strengthening in preparation of performing and executing choreography.
- 2. Demonstrate improved isolations with more intricate syncopated rhythms.
- 3. Further expand their knowledge of the evolution and history of Hip Hop dance.
- 4. Demonstrate a greater knowledge and understandings of Hip Hop dance vocabulary in relation to personal strengths and weaknesses through self evaluations.
- 5. Execute a greater knowledge of the dynamics found in the Hip-Hop style of dance through various choreographic combinations emphasizing multiple, intricate dynamic changes.

- 6. Demonstrate a greater understanding of intention within choreographic combinations and how it relates to performance in the Hip Hop style of dance.
- 7. Develop a greater knowledge of improvisation and its importance within the Hip Hop style of dance.

## Lecture Content

Review studio etiquette and discipline Discuss proper execution of warm up and conditioning exercises, as well as how they apply to the execution of Hip Hop dance choreography Discuss the importance and effect of energy qualities, and variations of dynamics within Hip Hop choreography. Discuss the importance and effect of syncopated rhythms and musicality in Hip Hop choreography Discuss the importance of performance and intention, in its relation to fully executing Hip Hop dance choreography at an intermediate/advanced level. Review the use of re-sequencing in choreography. Discuss the importance of improvisation within the Hip Hop style of dance, and its importance in creating choreographic combinations.

## Lab Content

Work on proper warm-up techniques and conditioning (flexibility, upper and lower body strength in preparation for execution of choreography) Work on isolations- introduce more intricate syncopated isolations. Work on Intermediate / advanced Hip hop choreography and retention of longer more intricate choreography sequences. Work on dynamics as they pertain to choreography by using various exercises to understand movement qualities (levels, textures, timing) Work on the idea of re-sequencing a choreographic phrase to be added to class work Introduce the idea of improvisation being used to create an original phrase Work on performance, intention, and projection as they pertain to the performance of various styles of choreography. Continuation of the study and evolution of Hip Hop Dance, as well as focusing on the study of Hip Hop dance within the commercial dance world.

## Method(s) of Instruction

- Lecture (02)
- Lab (04)

## Instructional Techniques

Instructor will use the following methodologies: Lecture and class discussion of varied current topics in dance, visual demonstration of exercises, combinations and choreography, individual and group verbal and physical corrections, analysis of movement mechanics and movement intention, style and quality, and assignments for creative expression and critical thinking.

## Reading Assignments

Reading assignments: Students will spend approximately 1 hour a week reading handouts provided by instructor, online articles.

## Writing Assignments

Students will spend approximately 6 hours a semester writing critiques on viewed dance performances.

## Out-of-class Assignments

Students will spend approximately 3-4 hours a week practicing all vocabulary as well as combinations, exercises and choreography studied in class. Assessment and critique of current hip hop work, utilizing

vocabulary and terminology learned in class. Attend Faculty, Student, and or professional dance concert. (6 hours)

### **Demonstration of Critical Thinking**

Dance Critique and self-evaluation report.

### **Required Writing, Problem Solving, Skills Demonstration**

Dance Critique, choreograph short phrases, skills tests.

### **Eligible Disciplines**

Dance: Master's degree in dance, physical education with a dance emphasis, or theater with dance emphasis, OR bachelor's degree in any of the above AND master's degree in physical education, any life science, physiology, theater arts, kinesiology, humanities, performing arts, or music OR the equivalent. Master's degree required.

### **Other Resources**

1. Handouts provided by Instructor. Online articles and research.