

DANC A159: HIP-HOP DANCE II

Item	Value
Curriculum Committee Approval Date	09/04/2024
Top Code	100810 - Commercial Dance
Units	1 Total Units
Hours	36 Total Hours (Lecture Hours 9; Lab Hours 27)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)
Associate Arts Local General Education (GE)	• Area 3 Arts and Humanities 3B Active Participation (OC2) • Area 7 Life Skills, Lifelong Learning, and Self-Development 7B Activity (OE2)
Associate Science Local General Education (GE)	• Area 3A Arts (OSC1)
California State University General Education Breadth (CSU GE-Breadth)	• CSU E2 Activity Course (E2)

Course Description

Instruction in the movement vocabulary and technical skills that are needed for the dance style known as Hip-Hop. Explores the use of space, energy, rhythm, and improvisation while emphasizing body control, alignment, balance, and use of weight changes. The focus of this course will be floor work vocabulary, aerals, turns improvisation and choreography. Instruction is at the intermediate level. ADVISORY: DANC A149 or successful audition, validated during the first week of the course. Transfer Credit: CSU; UC.

Course Level Student Learning Outcome(s)

1. Demonstrate an intermediate level knowledge of history, vocabulary and movements of various Street Dance /Commercial styles that may include: B-Boy, Locking, Popping, House.
2. Perform movements at an intermediate level with accurate technique, dynamics, musicality, texture, projection and focus.

Course Objectives

- 1. Understand the warm-up techniques and conditioning for upper body strengthening in preparation for floor work.
- 2. Demonstrate improved isolations with syncopated rhythm.
- 3. Learn intermediate hip hop choreography with accuracy and memorize longer choreography sequences.
- 4. Execute across the floor progressions with ?knee slides?, ?knee spins?and ?bike peddle slides?.

- 5. Choreograph and perform a short phrase using the idea idea of re-sequencing and an original phrase to be added to class work
- 6. Demonstrate improved performance dynamics, texture, and projection as they pertain to the performance of choreography.
- 7. Expand their knowledge of the evolution and history of hip hop.

Lecture Content

Lecture: Review studio etiquette and discipline. Discuss proper execution of warm up, upper body strenght exercises and across the floor progressions. Discuss safety instructions before learning floor work vocabulary. Discuss the importance and effect of syncopading isolations in choreography Discuss the use of re-sequencing in choreography

Lab Content

Lab: Work on proper warm-up techniques and conditioning (upper body strengthening in preparation for floorwork) Work on isolations - introduce syncopated isolations work on intermediate hip hop choreography and retention of longer choreography sequences Introduction of floorwork - using across the floor progressions to work on knee slides , knee spins , bike peddle slides . Introduce idea of resquencing a choreographic phrase and/or choreographing an original phrase to be added to class work Work on performance dynamics, texture, and projection as they pertain to the performance of choreography Continuation of the study and evolution of the history of hip hop (writing assignments and hand outs)

Method(s) of Instruction

- Lecture (02)
- Lab (04)

Instructional Techniques

Instructor will use the following methodologies: Lecture and class discussion of varied current topics in dance, visual demonstration of exercises, combinations and choreography, individual and group verbal and physical corrections, analysis of movement mechanics and movement intention, style and quality, and assignments for creative expression and critical thinking.

Reading Assignments

Handouts provided by instructor, online articles (approximately 1 hour per semester.)

Writing Assignments

Paper or Critique on viewed dance performances (approximately 1 hour per semester.)

Out-of-class Assignments

Practice of all vocabulary and across the floor combinations study in class. Reseach on Hip Hop evolution and history. Attend Faculty, Student and/or professional dance concert. (Approximately 1 hour per week).

Demonstration of Critical Thinking

Dance Critique and self-evaluation report

Required Writing, Problem Solving, Skills Demonstration

Dance Critique, choreograph short phrases, skill test.

Eligible Disciplines

Dance: Master's degree in dance, physical education with a dance emphasis, or theater with dance emphasis, OR bachelor's degree in any of the above AND master's degree in physical education, any life science, physiology, theater arts, kinesiology, humanities, performing arts, or music OR the equivalent. Master's degree required.

Other Resources

1. Handouts provided by Instructor. Online articles and research.