

DANC A144: BALLET III

Item	Value
Curriculum Committee Approval Date	12/08/2021
Top Code	100810 - Commercial Dance
Units	2 Total Units
Hours	72 Total Hours (Lecture Hours 18; Lab Hours 54)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)
Associate Arts Local General Education (GE)	<ul style="list-style-type: none"> • Area 3 Arts and Humanities 3B Active Participation (OC2) • Area 7 Life Skills, Lifelong Learning, and Self-Development 7B Activity (OE2)
Associate Science Local General Education (GE)	<ul style="list-style-type: none"> • Area 3A Arts (OSC1)
California State University General Education Breadth (CSU GE-Breadth)	<ul style="list-style-type: none"> • CSU E2 Activity Course (E2)

Course Description

A technique course in classical ballet, emphasizing movement skills at the barre, in center floor and traveling patterns. Instruction is at the high intermediate level. ADVISORY: DANC A111 or successful audition. Transfer Credit: CSU; UC. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

Course Level Student Learning Outcome(s)

1. Demonstrate improved body alignment and body placement while executing a high intermediate level of ballet movement vocabulary.
2. Identify and define a high intermediate level ballet vocabulary and identify historical and contemporary influences on ballet.
3. Successfully perform ballet combinations with style, performance quality and spatial and rhythmic accuracy at the high intermediate level.

Course Objectives

- 1. Recall high intermediate ballet terminology.
- 2. Demonstrate high intermediate technical skill level in ballet at the barre and in center floor work.
- 3. Demonstrate improved flexibility, strength, increased range of motion, control and balance.
- 4. Demonstrate the concepts of spine alignment, weight placement, "turn-out."
- 5. Demonstrate an ability to concentrate on class work, self-directed work habits and participate in class group assignments.

- 6. Recognize and identify significant ballets and choreographers.
- 7. Demonstrate critical thinking in the writing of dance papers, self-evaluations and critiques.

Lecture Content

Review of intermediate ballet concepts and skills Review and build on intermediate ballet vocabulary History and contemporary influences Proper alignment and safety issues

Lab Content

Warm-up and conditioning exercises at the high intermediate level Barre exercises High intermediate level vocabulary Review of alignment and use of "turn-out" Use of "port de bras" and "epaulment" Longer, more complex sequences improving alignment, pelvic stability, balance Center floor patterns Centering patterns Adagio:balance, control, musicality, styling "Petit allegro": small, fast jumps with and without beats Turns: inside and outside turns from 2nd, 4th and 5th positions of feet Directional changes Turns across the floor "Piques" and chaines Preparations for jumps that also turn such as "saut de basque," "emboite" Patterns traveling across floor or around the room Style, technical skills, musicality Energy/quality; personal interpretation Performance skills Focus Phrasing Musicality

Method(s) of Instruction

- Lecture (02)
- Lab (04)

Instructional Techniques

Instructor will use the following methodologies: Lecture and class discussion of varied topics in dance, demonstration of exercises and combinations, individual and group verbal and physical corrections, analysis of movement mechanics and movement intention, style and quality, and assignments which develop critical thinking skills and an understanding of dance aesthetics.

Reading Assignments

Writing Assignments

Written critiques of performance viewing. (approximately 2 hours per semester.)

Out-of-class Assignments

Practicing vocabulary as well as movements and choreography studied in class. Attend Faculty, Student, and/or professional dance concert. (approximately 2 hours per week.)

Demonstration of Critical Thinking

Student and teacher evaluation, written midterm and final exams

Required Writing, Problem Solving, Skills Demonstration

Performance skills tests, teacher observation, written paper or dance critique

Eligible Disciplines

Dance: Master's degree in dance, physical education with a dance emphasis, or theater with dance emphasis, OR bachelor's degree in any of the above AND master's degree in physical education, any life science,

physiology, theater arts, kinesiology, humanities, performing arts, or music OR the equivalent. Master's degree required.

Other Resources

1. Handouts to be provided and distributed by the instructor.