

DANC A130: MID-EASTERN DANCE 1

Item	Value
Curriculum Committee Approval Date	09/04/2024
Top Code	100810 - Commercial Dance
Units	.5-2 Total Units
Hours	18-72 Total Hours (Lecture Hours 4.5-18; Lab Hours 13.5-54)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)
Associate Arts Local General Education (GE)	• Area 7 Life Skills, Lifelong Learning, and Self-Development 7B Activity (OE2)
Associate Science Local General Education (GE)	• Area 3A Arts (OSC1)
Global and Multicultural Requirement (OGM)	Yes
California State University General Education Breadth (CSU GE-Breadth)	• CSU E2 Activity Course (E2)

Course Description

A technique course emphasizing the social and stage dances from the region designated as the Near and Middle East. Incorporates choreography, improvisation, movement vocabulary and styling, and finger cymbal playing. Instruction at the beginning and intermediate levels. Transfer Credit: CSU; UC.

Course Level Student Learning Outcome(s)

1. Identify, define and demonstrate basic Middle Eastern movement vocabulary such as hip articulations, isolations, undulations, shimmies and traveling steps.
2. Perform both choreographed and improvised dances demonstrating a beginner level of technique, body awareness, rhythmic and melodic accuracy and creative expression.
3. Demonstrate beginning level finger cymbal technique and timing.

Course Objectives

- 1. Develop a cultural awareness of social customs throughout the Arabic world in terms of music, regional dress, food, and social customs.
- 2. Express in movement the emotional feeling of the regional music.
- 3. Demonstrate steps of various dances taught.
- 4. Demonstrate ability to play finger cymbals.
- 5. Identify basic rhythmic patterns and use appropriate dance movements in response to them.

- 6. Demonstrate the use of props such as veil, stick, cane, sword, etc.
- 7. Demonstrate confidence to improvise.
- 8. Create short dance phrases integrating the various Middle Eastern elements learned in class.

Lecture Content

Orientation irements and procedures Introduction to the Near and Middle Eastern cultures Course Objectives Introduce basic musical structure and rhythmic patterns Define differences in classical, pop, and folk styles Preliminary evaluation of personal level of conditioning Flexibility Balance Strength mobility Warm up exercises to prepare body for activity, increase range of motion and flexibility Hips Back Legs Arms Neck Introduction of basic dance and conditioning movement to be used Introduction of breathing and alignment exercises Basic dance warm-up abdominal strengthening back extension work correct use of feet in movement and stance Basic stretching exercises Back Hips legs Activity Basic warm-up using Middle Eastern movements and styling: foot patterns use of torso hips arms Introduction to basic rhythmic patterns Introduction to improvisation techniques Learning short dances utilizing Egyptian dance styling Develop understanding of movement to music correlation Evaluation Skill demonstration of basic foot patterns Skill demonstration of basic finger cymbal playing Evaluation of dances learned in class Evaluation of improvisational techniques at the beginning level Display understanding of movement to music correlation

Lab Content

Faculty input required.

Method(s) of Instruction

- Lecture (02)
- Lab (04)

Instructional Techniques

Lecture and discussion; demonstrations; participation and group practice; facilitate student evaluation and discussion of fellow classmates performances; written assignments; skills evaluation.

Reading Assignments

Writing Assignments

Written paper on observation of dance performance outside of class; student performance of technique drills and learned dance combinations.

Out-of-class Assignments

Demonstration of Critical Thinking

Active participation in class exercises and discussions; evaluation of student performance of exercises and phrases; discussion of reading assignments; attendance; appropriate attire and classroom etiquette; written paper on observation of dance performance outside of class.

Required Writing, Problem Solving, Skills Demonstration

Written paper on observation of dance performance outside of class; student performance of technique drills and learned dance combinations.

Eligible Disciplines

Dance: Master's degree in dance, physical education with a dance emphasis, or theater with dance emphasis, OR bachelor's degree in any of the above AND master's degree in physical education, any life science, physiology, theater arts, kinesiology, humanities, performing arts, or music OR the equivalent. Master's degree required.

Other Resources

1. Handout material to be provided and distributed by the instructor