

# DANC A111: BALLET 2

Item	Value
Curriculum Committee Approval Date	12/08/2021
Top Code	100810 - Commercial Dance
Units	.5-2 Total Units
Hours	18-72 Total Hours (Lecture Hours 4.5-18; Lab Hours 13.5-54)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)
Associate Arts Local General Education (GE)	<ul style="list-style-type: none"> <li>• Area 3 Arts and Humanities 3B Active Participation (OC2)</li> <li>• Area 7 Life Skills, Lifelong Learning, and Self-Development 7B Activity (OE2)</li> </ul>
Associate Science Local General Education (GE)	<ul style="list-style-type: none"> <li>• Area 3A Arts (OSC1)</li> </ul>
California State University General Education Breadth (CSU GE-Breadth)	<ul style="list-style-type: none"> <li>• CSU E2 Activity Course (E2)</li> </ul>

## Course Description

Introduces and develops movement principles and skills necessary for the study of classical ballet. Course will include ballet terminology, use of "turnout" positions of feet and legs, alignment of spine and placement of weight at the barre, in center floor and traveling patterns. Instruction is at the intermediate level. ADVISORY: DANC A110 or successful audition. Transfer Credit: CSU; UC. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

## Course Level Student Learning Outcome(s)

1. Demonstrate improved body alignment and body placement while executing an appropriate level of ballet movement vocabulary.
2. Identify and define appropriate level ballet vocabulary.
3. Successfully perform ballet combinations at an appropriate level with proper style, performance quality and spatial and rhythmic accuracy.

## Course Objectives

- 1. Demonstrate knowledge of ballet terminology.
- 2. Demonstrate appropriate technical skill level in ballet at the barre and in center floor work.
- 3. Demonstrate improved flexibility, strength, increased range of motion, control and balance.
- 4. Demonstrate an understanding of the concepts of spine alignment, weight placement, "turn-out."
- 5. Express the ability to concentrate on class work, self-direct work habits and participate in class group assignments.

- 6. Identify significant ballets, choreographers, performers and styles.
- 7. Demonstrate critical thinking in the writing of dance papers and critiques.

## Lecture Content

A. Class procedures and requirements B. Student goals and discussion of prior experience C. Critical thinking; critique and/or discussion of performance viewing

## Lab Content

A. Movement activities (Intermediate level) focused on alignment, use of feet and legs in "turned out" positions, transfer of weight, pelvic stability B. Proper method of stretching (increased range of movement) C. How to stand at the barre 1. Barre work to build strength at an intermediate level 2. Additional standard ballet vocabulary and exercises D. Center floor work 1. Intermediate level Center work- Adagio, Tendu, Frappe, Petit Allegro 2. Principles of spotting during turns 3. Jumps in place; concept of "takeoff" and "landing" E. Movements across floor at intermediate level- Grande Allegro, Coda, Waltz F. Warm-down

## Method(s) of Instruction

- Lecture (02)
- Lab (04)

## Instructional Techniques

Lecture and demonstration, individual and small group practice skill test performance, and instructor and peer evaluation.

## Reading Assignments

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## Writing Assignments

Written critiques of performance viewing. (approximately 2 hours per semester.)

## Out-of-class Assignments

Practicing vocabulary as well as movements and choreography studied in class. Attend Faculty, Student, and/or professional dance concert. (approximately 2 hours per each lecture hour.)

## Demonstration of Critical Thinking

Dance critique and evaluation.

## Required Writing, Problem Solving, Skills Demonstration

Written critiques, written notes, skill tests, and written tests.

## Eligible Disciplines

Dance: Master's degree in dance, physical education with a dance emphasis, or theater with dance emphasis, OR bachelor's degree in any of the above AND master's degree in physical education, any life science, physiology, theater arts, kinesiology, humanities, performing arts, or music OR the equivalent. Master's degree required.

## Other Resources

1. Instructor handouts. 2. Reference Text such as: Grant, Gail. Technical Manual and Dictionary of Classical Ballet, 3rd ed. Mineola: Dover Publications, 1982.