

# DANC A102: MODERN 2

Item	Value
Curriculum Committee Approval Date	12/08/2021
Top Code	100810 - Commercial Dance
Units	.5-2 Total Units
Hours	18-72 Total Hours (Lecture Hours 4.5-18; Lab Hours 13.5-54)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)
Associate Arts Local General Education (GE)	• Area 7 Life Skills, Lifelong Learning, and Self-Development 7B Activity (OE2)
Associate Science Local General Education (GE)	• Area 3A Arts (OSC1)
California State University General Education Breadth (CSU GE-Breadth)	• CSU E2 Activity Course (E2)

## Course Description

Offers instruction in movement vocabulary and technical skills necessary to prepare the body as an instrument of expression in modern dance. This dance style began in the United States in the early 1930's as a "modern expression" of American themes, personal and artistic ideas. The style has continued to evolve to include dance themes expressive of contemporary times. This course offers instruction at the intermediate level. ADVISORY: DANC A101 or successful audition. Transfer Credit: CSU; UC. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

## Course Level Student Learning Outcome(s)

1. Demonstrate appropriate skill level of the correct principles of alignment and articulation of the spine, feet and legs and successfully perform modern dance exercises, traveling pattern.
2. A two – three minute high beginning/intermediate level choreography requiring, strength, flexibility, balance, control, weight shifts, leaps, jumps, turns and creative expression.

## Course Objectives

- 1. Identify body alignment, movement memory and rhythm.
- 2. Develop and improve movement coordination and efficiency.
- 3. Demonstrate expressiveness through a variety of spatial, rhythmic and qualitative (use of energy/force) movement experiences.
- 4. Demonstrate skill in performing a given movement vocabulary.
- 5. Identify and evaluate areas needing personal improvement.
- 6. Perform in an informal setting individualized projects.

- 7. Demonstrate critical thinking and ability to verbalize observations of dance performances, artistic concepts or movement principles.

## Lecture Content

A. Safety B. Class requirements and procedures C. Dance Technique Vocabulary D. Concepts and principles of alignment, positions, and balance. E. Principles of motion, energy, time, and space.

## Lab Content

Concepts and Principles Body alignment (legs, feet and hips) Use of parallel and "turned out" positions Use of feet and hips in parallel and turned out positions Proper way to stretch and gain flexibility Placement of weight Physical Knowledge Increase range of motion Axial movements in place using shapes, levels and energy changes Intermediate level loco-motor movements: run, skip, slide, leap, hop Intermediate center floor combinations. Combination of axial and locomotor movements across the floor Creative Problems Improvisation Creating, setting and performing short dance studies at an intermediate level of technique

## Method(s) of Instruction

- Lecture (02)
- Lab (04)

## Instructional Techniques

Lecture and demonstration, individual and small group practice skill test performance, instructor and peer evaluation, live dance concert attendance, reading assignments, written work.

## Reading Assignments

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## Writing Assignments

Written critiques of performance viewing. (approximately 2 hours per semester.)

## Out-of-class Assignments

Practicing vocabulary as well as movements and choreography studied in class. Attend Faculty, Student, and/or professional dance concert. (approximately 2 hours per each lecture hour.)

## Demonstration of Critical Thinking

Dance critique and evaluation.

## Required Writing, Problem Solving, Skills Demonstration

Written critiques, written notes, skill tests, and written tests.

## Eligible Disciplines

Dance: Master's degree in dance, physical education with a dance emphasis, or theater with dance emphasis, OR bachelor's degree in any of the above AND master's degree in physical education, any life science, physiology, theater arts, kinesiology, humanities, performing arts, or music OR the equivalent. Master's degree required.

## Other Resources

1. Instructor Handouts. 2. Reference Text such as: Cohen, Salma Jean. Modern Dance: Seven Statements of Belief, ed. Middletown: Wesleyan University Press, 1966 3. Reference Text such as: Mazo, Joseph H.

Prime Movers, The Makers of Modern Dance in America, ed. Hightstown:  
Princeton Book Co., 2000