

COUN A170: COLLEGE MAJOR SEARCH

Item	Value
Curriculum Committee Approval Date	03/12/2014
Top Code	493010 - Career Guidance and Orientation
Units	1 Total Units
Hours	18 Total Hours (Lecture Hours 18)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	Yes
Basic Skills	Not Basic Skills (N)
Repeatable	No
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)
Associate Arts Local General Education (GE)	• Area 7 Life Skills, Lifelong Learning, and Self-Development 7A Theory/ Non-activity (OE1)

Course Description

Course is designed to facilitate students' exploration and selection of a college major. Students will examine and apply a decision making process in identifying their academic interests and develop an educational plan based on a major selection. Transfer Credit: CSU.

Course Level Student Learning Outcome(s)

1. Navigate hard copy and online resources in gathering information for identification of an intended college major. Instructors will present and model use of resources for students application.
2. Apply selected assessment inventories for information gathering and evaluation for college major selection. Outcome will have identified academic interests and goals.
3. Students will develop and prepare an electronic/digital educational plan with a demonstrated selection of a college major.

Course Objectives

- 1. Learn to identify and apply hard copy and online resources for research and academic planning related to College Majors. Example of Resources include: ASSIST, College Source, CSUMentor, UC Pathways, and others for consideration.
- 2. Identify academic interests and goals related to a College Major.
- 3. Develop an Electronic/Digital Educational Plan for a Certificate or Associate Degree or a Major for Transfer to a four year university.
- 4. Identify seven decision making strategies.
- 5. Identify four decision making styles.
- 6. Identify seven fields of study from the classification of instructional programs.

Lecture Content

I. Making Major Decisions A. Current major status B. Feelings about a decision making process C. Discovering a decision making strategy 1. compliant 2. intuitive 3. planful 4. impulsive 5. fatalistic 6. agonizing 7. procrastinator D. Discovering a decision making style 1. spontaneous external 2. spontaneous internal 3. systematic external 4. systematic internal E. Setting goals 1. short term academic 2. long term academic F. Case study G. SummaryII. Exploring Self A. Personality type 1. Myers Briggs 2. Hollands codes B. Defining interests C. Assessing values D. Identifying skills E. Case study F. SummaryIII. Exploring Major Possibilities A. Understanding degree programs B. Examining Classification of Instructional Programs 1. Identifying academic fields of study D. Gathering information on majors 1. ASSIST 2. CSU mentor 3. UC pathways 4. college catalogs E. Synthesizing major information F. Interviewing faculty G. Case Study H. SummaryIV. Making A Decision A. Major choices and the art of compromise 1. defining compromise B. Evaluating a decision C. applying force field analysis to major choice 1. positive reasons of major choice 2. negative reasons of major choice 3. transition negative reasons to positive 4. analyze the positive outcome D. Committing to a new major E. Case Study F. SummaryV. Implementing a Decision A. Creating a Student Educational Plan B. Planning an academic schedule C. Analyzing an academic transcript D. Consulting a counselor E. Reexamining goals VI. Orientation to OCC in accordance with Student Success and Support Program Title V .55521 A. Academic expectations and progress and probation standards pursuant to section 55.031 B. Maintaining registration priority pursuant to section 58108. C. Prerequisite or co-requisite challenge process pursuant to Section 55003. D. Maintaining Board of Governors Fee Waiver eligibility pursuant to section 58612. E. Description of available programs, support services, financial aid assistance, and campus facilities, and how they can be accessed. F. Academic calendar and important timelines. G. Registration and College fees. H. Available education planning services.

Method(s) of Instruction

- Lecture (02)
- DE Online Lecture (02X)

Instructional Techniques

Lectures will encourage and facilitate group discussion between the class participants and the instructor. Discussion content will provide learning content for consideration for the entire class. Textbook exercise assignment requires reflective thinking and constructed written responses in preparation for peer and instructor evaluation. Individual counseling sessions will provide support and feedback for students engaged in the decision making process and selection of a college major.

Reading Assignments

1. Required completion of assigned readings from the text.2. Completion of assigned online reading materials.3. Careful reading of assessment inventory questions.

Writing Assignments

1. An educational plan specifying requirements for transfer and /or graduation.2. One to two page paper discussing results from their administered personal inventories.3. Students will provide written responses for textbook activities.

Out-of-class Assignments

1. Minimum of four hours per week completing textbook exercises. 2. Exploration of the taxonomic scheme of majors, Classification of Instructional Programs.3. Identification of lower and upper

division requirements for a major. 4. Examine general education patterns for their academic goal.

Demonstration of Critical Thinking

Students will apply the Classification of Instructional Programs (CIP), in order to recognize areas of study in higher education. Students will distinguish areas of academic interest and prepare information for consideration in selecting a college major.

Required Writing, Problem Solving, Skills Demonstration

Students will provide written responses to case studies related to college major selection. Written responses require analysis and a proposed concrete response. Students will discuss and illustrate their responses with peers in a group setting.

Eligible Disciplines

Counseling: Master's degree in counseling, rehabilitation counseling, clinical psychology, counseling psychology, guidance counseling, educational counseling, social work, or career development, marriage and family therapy, or marriage, family and child counseling, OR the equivalent. (NOTE: A bachelor's degree in one of the above listed degrees and a license as a Marriage and Family Therapist (MFT) is an alternative qualification for this discipline.) Master's degree required. Title 5, section 53410.1

Textbooks Resources

1. Required Gordon, V; Sears; S. Selecting A College Major, 6th ed. Pearson, 2010