

COSM G021: COSMETOLOGY, LEVEL I

| Item | Value |
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| Curriculum Committee Approval Date | 11/05/2024 |
| Top Code | 300700 - Cosmetology and Barbering |
| Units | 9.5 Total Units |
| Hours | 279 Total Hours (Lecture Hours 117; Lab Hours 162) |
| Total Outside of Class Hours | 0 |
| Course Credit Status | Credit: Degree Applicable (D) |
| Material Fee | No |
| Basic Skills | Not Basic Skills (N) |
| Repeatable | No |
| Open Entry/Open Exit | No |
| Grading Policy | Standard Letter (S) |

Course Description

This course teaches basic theory in the following subjects: health and safety, disinfection and sanitation, anatomy, chemistry, physiology, bacteriology, mycology, chemical hair services, texture, hair sculpting, natural hair, salon success, professionalism, and professional ethics. Course guidelines are in compliance with the California Board of Barbering and Cosmetology Rules and Regulations. This is the first course in a series of four. Not Transferable.

Course Level Student Learning Outcome(s)

1. Course Outcomes
2. Identify California Board of Barbering and Cosmetology health and safety rules and regulations.
3. Identify beginning practical manipulative skills for: disinfection, sanitation, hair cutting, hair design, permanent waving, relaxing, and hair color.
4. Apply cosmetology concepts to salon and client-based scenarios.
5. Discuss life skills, job related stress, and proper body ergonomics.

Course Objectives

- 1. Apply entry level skills in practical hair design, hair sculpture, permanent waving, relaxing, hair color, and disinfection.
- 2. Identify the types of color design transformations.
- 3. Explain chemical composition and safety requirements for disinfection, permanent waving, and relaxers.

Lecture Content

California State Board Health and Safety Anatomy Chemistry Physiology Microbiology Mycology The skeletal system The nervous system The circulatory system The muscular system Electricity Business Life skills Healthy mind and body Ergonomics Communication Human relations Wet hairstyling Art principles Structure of hair, and its function Scalp diseases and disorders Hair sculpting Concept Principles Safety Hair coloring Color theory and the law of color Hair analysis Introduction to color formulation Predisposition and strand tests Classifications of

hair color Temporary Semi-permanent Demi-permanent Introduction to decolorization Permanent waving Principles of permanent wave chemistry Introduction to permanent wave solutions Scalp treatment Scientific brushing Massage techniques Facials Anatomy of the skin Structure of the skin Functions of the skin Facial massage Client consultation Classification of chemistry of skin care products Salon Success Life Skills Respect Integrity Personality basis Balance Communication with confidence Healthy mind and body Ergonomics

Lab Content

Wet hair styling Shaping, molding Roller placement, pin curls, stand-up curls Current trend wet designs Finger wave wet and dry Bricklay set Straight volume curvature set Scalp treatments Scientific brushing Basic scalp massage Conditioners Hair sculpting basic forms Solid form Graduated form Increase layered form Uniform layered form Shear and razor techniques Etching Slide cutting Point cutting Notching Texturizing Thermal styling Air forming Blow dryer Vent brush Round brush Denman Indentation Straight volume curvature Styling aids Electric curling iron Figure six curl Figure eight curl Barrel curl Spiral curls Body waves Flat iron Straight volume curvature Indentation Curls Hair coloring Basic hair color applications Virgin tint to darken partially gray hair Tint retouch to darken new growth Virgin tint to lighten natural color Tint retouch to lighten new growth Virgin bleach Bleach retouch on 1/2 inch regrowth Virgin toner to pre-lightened hair Toner retouch on 1/2 inch pre-lightened hair Tinting bleached hair back to natural color Highlighting/lowlighting Slicing Permanent waving Sectioning hair Rectangle pattern Brick lay pattern Curvature - contour pattern Sub sectioning and rod placement End papers Positioning of rods Bands fastened Shampoo and draping Table set up and sanitary maintenance area Facials Cleansing routine Massage techniques Plain facial Chemical facial Electrical facial Hair removal lash and brow beautification Depilatories Tweezing Sugaring Waxing

Method(s) of Instruction

- Lecture (02)
- DE Live Online Lecture (02S)
- DE Online Lecture (02X)
- Lab (04)
- DE Live Online Lab (04S)
- DE Online Lab (04X)

Reading Assignments

Textbook and websites

Writing Assignments

Basic evaluation of chemicals (color and permanent wave solutions) Analysis of basic sculpting techniques Preparation student digital and print portfolio Book reports Outline and preparation of salon activities pertaining to product knowledge Completion of terminology worksheets

Out-of-class Assignments

Students must complete a digital or print portfolio in which they must identify the ten different levels in hair color. They must include samples of warm and cool color tones within each level.

Demonstration of Critical Thinking

Students must complete a digital or print portfolio in which they must apply their knowledge of the ten different levels in hair color. Students must include samples of warm and cool color tones within each level.

Required Writing, Problem Solving, Skills Demonstration

Basic evaluation of chemicals (color and permanent wave solutions)
Analysis of basic sculpting techniques Color wheel project Preparation of student portfolio Book reports Outline and preparation of salon activities pertaining to product understanding and practical application Completion of terminology worksheets Control notes/paragraphs on subject matter.

Eligible Disciplines

Cosmetology: Any bachelor's degree and two years of professional experience, or any associate degree and six years of professional experience.

Textbooks Resources

1. Required Pivot Point International, Inc. Fundamentals Cosmetology (Classic), 1st ed. Chicago, IL: Pivot Point International, Inc, 2021 2. Required Pivot Point International. Pivot Point Lab: MYlab.com. (Classic), 2021 ed ed. Chicago, IL: Pivot Point International, Inc., 2021

Other Resources

1. Cosmetology kit (all textbooks and web access are included in kit) 2. Designated uniform 3. Three ring binder