

# CMST C100: INTERPERSONAL COMMUNICATION

Item	Value
Curriculum Committee Approval Date	02/23/2024
Top Code	150600 - Speech Communication
Units	3 Total Units
Hours	54 Total Hours (Lecture Hours 54)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)
Local General Education (GE)	• Area 1B Oral Communication and Critical Thinking (CA1)
California State University General Education Breadth (CSU GE-Breadth)	• CSU A1 Oral Communications (A1)

## Course Description

Formerly: SPCH C100. Language use and effective interpersonal communication, both verbal and non-verbal. Recommended for students wanting to understand and improve their communication skills in interpersonal relationships. Content areas include conversation, listening, perception, non-verbal communication, language, self-concept, and self-disclosure. Transfer Credit: CSU; UC. C-ID: COMM 130. **C-ID:** COMM 130.

## Course Level Student Learning Outcome(s)

1. Examine and describe his or her self-concept and evaluate the impact on interpersonal relationships.
2. Apply verbal and non-verbal communication skills effectively in social and cultural realities.
3. Identify, diagnose, and manage conflict in interpersonal relationships.
4. Identify and differentiate among the stages of interpersonal relationships.

## Course Objectives

- 1. Describe and demonstrate the nature of the communication process.
- 2. Judge factors causing communication barriers and breakdowns.
- 3. Demonstrate continuing improvement in the oral communication process.
- 4. Assess the oral communication of others.
- 5. Differentiate appropriate communication behaviors from inappropriate behaviors.
- 6. Categorize at least six types of communication behavior: perception checking, self-disclosure, conversation, listening, non-verbal communication, and verbal communication.

## Lecture Content

Definitions and models of interpersonal communication Ethical interpersonal communication Personal Identity Self-concept Presentation of self Self-disclosure Perception Process of perception Attribution errors Perception Checking Verbal Communication Symbolic language Symbolic activities Culture and language Nonverbal Communication Symbolic nature of nonverbal symbols Nonverbal activities Types Listening Process Obstacles to effective listening Listening Styles Emotions Emotional intelligence Perspectives on emotions Obstacles to communicating emotions Interpersonal Conflict Orientations to conflict Responses to conflict Conflict management strategies and skills Interpersonal Relationships Friendships Romantic Family Professional Interpersonal Theory

## Method(s) of Instruction

- Lecture (02)
- DE Live Online Lecture (02S)
- DE Online Lecture (02X)

## Instructional Techniques

A. Learning is facilitated through lecture and application of concepts including analysis of critical thinking as related to writing, presenting, and interpersonal interacting. B. Facilitation of group discussion. C. In-class written, research, and speaking assignments to prepare students for out-of-class graded assignments. D. Demonstration through simulation of interpersonal interactions and presentation of case study materials. E. Graded assignments of research on interpersonal concepts, written analytical essays, and individual presentations or group presentations. F. Instructor conferences with students/ groups to discuss papers and presentations.

## Reading Assignments

A. Reading of the textbook. B. Reading of relevant information sources, including periodicals, newspapers, professional and academic journals, online materials, and books to serve as foundation for research and interpersonal analysis assignments.

## Writing Assignments

A. Weekly written journal of substantial length recording summary and analysis of an interpersonal interaction. B. Written outlines to be presented in class of extemporaneous informative speeches that include information and discussion about interpersonal concepts and theory. C. Research paper of substantial length focused on interpersonal differences and similarities relating to a specific topic to demonstrate the universal and unique communication processes that exist between people. D. Midterm and final examinations. Exams can be essay or exams with essay section.

## Out-of-class Assignments

A. Examination and written reflection of interpersonal experiences with others in the following contexts: education, business, friendship, romance, and family. B. Written review of research on current interpersonal topics from relevant information sources, including, periodicals, newspapers, professional and academic journals, online information, and books to serve as a foundation for in-class presentations.

## **Demonstration of Critical Thinking**

A. To demonstrate through participation in dialog between student and instructor and classroom discussion the ability to apply skills, conceptual, and theoretical, to express understanding of variations in behavior, to use communication practices, and to explain their impacts on interpersonal relationships and communication. B. To demonstrate, through classroom discussions, written assignments, analysis of interpersonal interactions, and examinations, the skills to evaluate and adapt communication to increase interpersonal competence and effectiveness. C. Analysis, synthesis, and demonstration in writing and oral presentation of how interpersonal factors influence understanding of others and communication.

## **Required Writing, Problem Solving, Skills Demonstration**

A. Written essay of substantial length will be evaluated on the ability to demonstrate and explain understanding of relationships between people and their unique communication processes. B. Written journal and analysis essays will be evaluated on the ability to demonstrate interpersonal competence. C. Written formal outlines that accompany oral presentations of interpersonal concepts and theories will be evaluated on outline structure and demonstrated ability to research, organize, support, and discuss theories and processes of interpersonal communication. E. Written essay exams will be evaluated on the demonstrated ability to understand, recall, and synthesize text and lecture information

## **Eligible Disciplines**

Communication studies (speech communication): Master's degree in speech, speech broadcasting, telecommunications, rhetoric, communication, communication studies, speech communication, or organizational communication OR bachelor's degree in any of the above AND master's degree in drama/ theater arts, mass communication, or English OR the equivalent. Master's degree required.

## **Textbooks Resources**

1. Required Adler, R. B.; Rosenfeld, L. B.; and Towne, Neil. Interplay: The Process of Interpersonal Communication, 14th ed. New York: Oxford University Press, 2017 Rationale: Rationale required for books with publish date of over five years. Legacy Textbook Transfer Data: Legacy 2. Required Wood, J. T. Interpersonal Communication: Everyday Encounters, 8th ed. Cengage Learning, 2016 Rationale: - Legacy Textbook Transfer Data: Legacy text

## **Other Resources**

1. Coastline Library