

ATHL A255: GOLF TEAM - MEN'S

Item	Value
Curriculum Committee Approval Date	12/04/2024
Top Code	083550 - Intercollegiate Athletics
Units	3 Total Units
Hours	162 Total Hours (Lab Hours 162)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	Yes; Repeat Limit 3
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)
Associate Arts Local General Education (GE)	• Area 7 Life Skills, Lifelong Learning, and Self-Development 7B Activity (OE2)
California State University General Education Breadth (CSU GE-Breadth)	• CSU E2 Activity Course (E2)

Course Description

Eligibility auditions will be held during the first week of class. This course may be taken four times. Transfer Credit: CSU; UC: Credit Limitation: Any or all of these ATHL, DANC, KIN, MARA, PE Activity courses combined: maximum credit, 4 units.

Course Level Student Learning Outcome(s)

1. Demonstrate understanding of the rules and fundamentals of golf and apply this knowledge in practice and competition.
2. Demonstrate commitment to excellence, fair play, and personal responsibility through participation in intercollegiate athletics.

Course Objectives

- 1. Practice and improve skills necessary for intercollegiate athletic competition in golf.
- 2. Demonstrate a personal commitment to athletic excellence.
- 3. Participate and compete successfully as a member of a team in the athletic experience.
- 4. Set personal goals for improvement.
- 5. Compare swing techniques and correct swing flaws.
- 6. Analyze personal performance on and off the golf course.
- 7. Develop strength, conditioning, and stretching program to benefit golf swing.
- 8. Demonstrate understanding of the rules and etiquette of golf.

Lecture Content

Lab Content

To improve and develop more consistency in all aspects of the golf game. To improve and be more knowledgeable in the mental skills for competitive golf. 1. Full swing techniques and mechanics, to include: a. Evaluation of improvement b. Evaluation of shot consistency 2. Rules 3. Etiquette 4. Develop program for strength, conditioning, and stretching 5. Short game, to include efficiency and consistency in: 6. Specialty shots 7. Improvement of the mental skills for competitive golf, to include course knowledge.

Method(s) of Instruction

- Lab (04)

Instructional Techniques

Lecture and discussion, video lectures/analyses, instructor feedback, field trips, intensive chalkboard sessions, golf practice sessions, playing lessons on golf course.

Reading Assignments

NCAA Rule Guide; Articles related to the sport; handouts on sport skills.

Writing Assignments

Proficiency demonstration of golf skills, putting, chipping, pitching, finesse, full swing, written assignments on golf rules, etiquette, golf psychology, and course management.

Out-of-class Assignments

Continued practice of skills necessary for successful participation at the intercollegiate level of the sport; attendance at athletic competitions.

Demonstration of Critical Thinking

Participation, successful performance, demonstration of golf skills, practices, and game logs to include evaluation of performance.

Required Writing, Problem Solving, Skills Demonstration

Proficiency demonstration of golf skills, putting, chipping, pitching, finesse, full swing, written assignments on golf rules, etiquette, golf psychology, and course management.

Eligible Disciplines

Physical education: Master's degree in physical education, exercise science, education with an emphasis in physical education, kinesiology, physiology of exercise, or adaptive physical education, OR bachelor's degree in any of the above AND master's degree in any life science, dance, physiology, health education, recreation administration, or physical therapy OR the equivalent. Master's degree required.

Other Resources

1. NCAA Golf Guide current edition (revised annually) 2. USGA Rules of Golf current edition (revised annually) 3. Video taping/analysis.