

ATHL A251: BASKETBALL TEAM - MEN'S

Item	Value
Curriculum Committee Approval Date	12/04/2024
Top Code	083550 - Intercollegiate Athletics
Units	3 Total Units
Hours	162 Total Hours (Lab Hours 162)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	Yes; Repeat Limit 3
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)
Associate Arts Local General Education (GE)	• Area 7 Life Skills, Lifelong Learning, and Self-Development 7B Activity (OE2)
California State University General Education Breadth (CSU GE-Breadth)	• CSU E2 Activity Course (E2)

Course Description

This course is for students who have successfully auditioned for the OCC Intercollegiate Men's basketball team; eligibility auditions will be held during the first week of class. Students may enroll in this course four times. Transfer Credit: CSU; UC: Credit Limitation: Any or all of these ATHL, DANC, KIN, MARA, PE Activity courses combined: maximum credit, 4 units.

Course Level Student Learning Outcome(s)

1. Perform, analyze, synthesize and execute game strategies that are developed over the course of the season.
2. Demonstrate commitment to excellence, fair play, and personal responsibility through participation in intercollegiate athletics.

Course Objectives

- 1. Develop and improve skills necessary for intercollegiate athletic competition in basketball.
- 2. Develop a personal commitment to athletic excellence.
- 3. Participate and compete effectively as a member of a team in the athletic experience.
- 4. Improve physical conditioning.
- 5. Analyze game strategies.

Lecture Content

No lecture hours: see lab.

Lab Content

To improve skills related to the game of basketball. To improve and be more knowledgeable in mental skills and aspects of competitive basketball. 1.Emphasizes improvement in offensive skills2.Efficiency and consistency in:a.Ball Handlingb.Passingc.Free Throwsd.Field Goals3.Rules4.Proper decorum and athlete s responsibilities5.Strategies involved in the game6. Puts emphasis on defensive philosophy and related skillsa.Man-to-manb.Zone7.Evaluation of improvement8.Emphasizes physical well-being and conditioning conducive to intercollegiate basketball9.Emphasizes a commitment to team 10.Develop a personal commitment to athletic excellence11.Participate and compete successfully as a member of a team in the athletic experience

Method(s) of Instruction

- Lab (04)

Instructional Techniques

Lecture, video, team discussion, participation, successful performance, basketball skills demonstration

Reading Assignments

NCAA Rule Guide; Articles related to the sport; handouts on sport skills.

Writing Assignments

Group discussion of assignment, small groups written goals, writing of individual goals.

Out-of-class Assignments

Continued practice of skills necessary for successful participation at the intercollegiate level of the sport; attendance at athletic competitions.

Demonstration of Critical Thinking

Comparison of student ability, video analysis, analysis of statistics

Required Writing, Problem Solving, Skills Demonstration

Proficiency demonstration of basketball skills. Demonstration of offensive and defensive strategies

Eligible Disciplines

Physical education: Master's degree in physical education, exercise science, education with an emphasis in physical education, kinesiology, physiology of exercise, or adaptive physical education, OR bachelor's degree in any of the above AND master's degree in any life science, dance, physiology, health education, recreation administration, or physical therapy OR the equivalent. Master's degree required.

Other Resources

1. NCAA Rule Book (revised annually). 2. Handouts to be provided and distributed by the instructor.