

ALH A001N: PERSONAL CARE AIDE I: FOUNDATIONAL KNOWLEDGE, ATTITUDES AND SKILLS NON-CREDIT

Item	Value
Curriculum Committee Approval Date	10/10/2018
Top Code	129900 - Other Health Occupations
Units	0 Total Units
Hours	36 Total Hours (Lecture Hours 18; Lab Hours 18)
Total Outside of Class Hours	0
Course Credit Status	Noncredit (N)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	Yes; Repeat Limit 99
Open Entry/Open Exit	No
Grading Policy	P/NP/SP Non-Credit (D)

Course Description

This course will provide students with the education needed to meet the skills required to provide personal care services to elders and to consumers with disabilities in a home setting. Topics include Qualities of a Direct Care Worker; Work Settings; Teamwork and Professionalism; Working with Elders; Respecting Differences; Communication Skills; Working with a Consumer Who Is Depressed; Infection Control; Body Systems and Common Diseases and Body Mechanics. ADVISORY: Identification required on first day of class; No felony convictions. NOT DEGREE APPLICABLE. Not Transferable.

Course Level Student Learning Outcome(s)

1. Demonstrate knowledge of and skills requisite to obtain employment in the Patient Care Aide profession, specifically: the principles of working with clients of diverse backgrounds; professionalism; teamwork; working with elders; therapeutic communication skills; working with depressed clients; infection control; identification of the body systems and disease common to each and proper body mechanics.

Course Objectives

- 1. Discuss work settings, professionalism, and working with diverse populations as a PCA
- 2. Demonstrate effective communication skills (listening and speaking) while working with the general population and depressed clients
- 3. Explain the chain of infection and the correct use of body mechanics and their importance to provision of competent care in the client's home
- 4. Recognize the 11 body systems and common diseases of each.

Lecture Content

I Section A ORIENTATION TO DIRECT PATIENT CARE A. Key Concepts
 1. Orientation 2. Qualities of a Direct Care Worker B. Work Setting, Teamwork and Professionalism II Section B FOUNDATIONAL KNOWLEDGE, ATTITUDES AND SKILLS A. Working with Elders B. Respecting Differences C. Communication Skills D. Working with a Consumer Who Is Depressed E. Infection Control F. Body Systems and Common Diseases G. Body Mechanics

Lab Content

Effective Communications Working with Depressed Consumers Infection Control Body Mechanics

Method(s) of Instruction

- Enhanced NC Lect (NC1)
- Enhanced NC Lab (NC2)
- Live Online Enhanced NC Lect (NC9)
- Live Online Enhanced NC Lab (NCA)

Instructional Techniques

Lecture; lab and independent study

Reading Assignments

Students will work from instructor prepared hand-outs requiring reading and fill-in answers. Approximately 3 hours per week.

Writing Assignments

Complete fill-in instructor provided handouts. Approximately 2 hours per week.

Out-of-class Assignments

Reading provided handouts, practice of patient care skills. Approximately 2 hours per week.

Demonstration of Critical Thinking

Students will perform return demonstration at a 75% or higher level from instructor performance for patient care skills and correct responses on written assignments.

Required Writing, Problem Solving, Skills Demonstration

Correct fill-in answers from instructor provided handouts; proper return demonstration of lab skills and problem solving ability as evidenced by correct action when prompted by instructor using current standards of industry.

Eligible Disciplines

Health care ancillaries (medical assisting, hospice worker, home care aide...): Any bachelor's degree and two years of professional experience, or any associate degree and six years of professional experience.

Other Resources

1. Instructor provided handouts from "Model Curriculum for Personal Care Aides; Facilitator Guides and Handouts", 2011. California Partnership Standards Based Personal Care Training and Certification Project.