

# MENTAL HEALTH SERVICES

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Our vision is to safeguard and improve the overall mental health and well-being of all Coastline College students by innovatively and intentionally renewing student's understanding and capacities for personal healing and growth.

Coastline College's student mental health services provides culturally competent, holistic, equitable, and accessible mental health focused services that welcome and affirm students of diverse backgrounds and identities to achieve well-being and thrive personally and academically.

We acknowledge that student's personal, familial, social, and/or work concerns may interfere with their ability to academically perform well. The Student Mental Health Services team is available to help you work through and manage these concerns.

Mental health services are offered in person and on-line (virtually) by our skilled therapists. Services are confidential and private (except for plans to seriously harm self or others, dependent adult, elder or child abuse) and may include:

- individual, family, couples, and group therapy
- consultation
- Assistance navigating your behavioral health insurance
- outreach
- mental health referrals/resources

To receive services, each student must be enrolled in the current or upcoming semester and have paid Coastline College's health fees.

Mental health therapy is by appointment only. We do not currently offer walk-in services. We are open Monday-Friday, 8am – 8pm

For more information on Student Mental Health Services or to schedule an appointment, contact our office at 714-241-6005 or submit a digital inquiry online at the Student Mental Health Services Webpage (<https://www.coastline.edu/student-services/health-services/student-mental-health-services.php>).